

## Thank you to our Supporters!

- Children's Health Foundation of Vancouver Island
- Province of BC - Gaming
- RBC Royal Bank Foundation
- United Way Central & Northern Vancouver Island
- Vandekerkhove Family Foundation
- KidStart Champions

## Volunteering makes a difference!

Are you a fun, caring person over age 19 with a positive attitude and a good sense of humour?

We are a non-profit society that helps children and young people who are at risk of experiencing serious difficulties in their lives.

Why not spend time with a young person?

FOR MORE INFORMATION:

### **The John Howard Society of North Island**

Campbell River:  
201-140A 10th Avenue  
Campbell River, BC V9W 4E3  
**Tel:** 250-286-0611

Comox Valley:  
1455 Cliffe Avenue  
Courtenay, BC V9N 2K6  
**Tel:** 250-338-7341

[www.jhsni.bc.ca](http://www.jhsni.bc.ca)



Do you believe in the power of mentoring but lack the time? Consider becoming a John Howard KidStart Champion by supporting a child or youth's involvement in KidStart.

You can choose from Gold = \$100/month (\$3.33/day), Silver = \$50/month (\$1.67/day), and Bronze = \$25/month (83 cents/day). Some of our existing Champions are family or workplace groups who pool their money to make the monthly donation.

In return for your financial support you will receive a mentee profile, annual updates about your sponsored mentee, a KidStart Champion decal, and a tax receipt.

Thank you for considering KidStart as a meaningful way to contribute to positive change in our community.

**To donate call the KidStart Coordinator:**

**Campbell River: 250-286-0611**  
**Comox Valley: 250-338-7341**

[www.jhsni.bc.ca/kidstartchampion.html](http://www.jhsni.bc.ca/kidstartchampion.html)

**JohnHoward**  
The John Howard Society of North Island

## Don't put me on a waitlist



## Volunteer Now!

**Can you share a joke?**  
Skip stones? Go for a walk?

Then you have what it takes.  
**Become a mentor.**

**JohnHoward**  
**KidStart**

**Campbell River: 250-286-0611**  
**Comox Valley: 250-338-7341**

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## Who we need—YOU!

If you're a positive, caring, reliable adult willing to share three hours a week with a young person who could really benefit from your company . . .

## You are for us!

### John Howard KidStart Volunteers are:

- \* Adults (19 years or older)
- \* Selected based on their ability to unconditionally accept a young person
- \* Willing to be a positive role model and develop a caring relationship based on mutual trust



## Who we help—KIDS!

Referrals are made by a parent or guardian, family member, school counsellor, community worker, social worker, or another significant person in a child's life.

Volunteer mentors are matched with a young person they will see on a weekly basis. They work at developing a supportive relationship by engaging them in community activities.

All volunteers are carefully screened, oriented, and supported by the John Howard KidStart Coordinator.

KidStart relies on funding from donations, grants, and gaming to provide and support a growing group of committed volunteers who are mentoring kids in Campbell River and the Comox Valley.

For more information or to volunteer, please call a KidStart Coordinator:

**Campbell River: 250-286-0611**  
**Comox Valley: 250-338-7341**

**"Before I had a mentor I was shy and I could not openly talk to anyone about how I felt. But that all changed when I met my mentor. She has opened so many opportunities for me. The words I have to say to the KidStart program are thank you for supporting me and my mentor to do all the amazing things that I had never done before."**

- KidStart Mentee, age 13

**KidStart** recruits and trains caring adults to mentor vulnerable kids.

If you can teach a young person how to ride a bike or throw a ball around, or if you enjoy just hanging out, then you have what it takes to be a mentor.

Being a mentor to a vulnerable young person aged 6-18 is simple and doesn't require special skills, just common sense and a positive attitude. It means spending three hours each week to help him or her grow, develop confidence, and connect with the community.

**"The smile on his face was just electric. I realized he'd never skipped a rock before. When I called his Grandma later to ask how our first visit had been, she told me that he said 'This was the best day of my life.'"**

- Volunteer Mentor describing his first outing with his 8-year-old Mentee