Campbell River Community Services Directory
Compiled by The John Howard Society of North Island
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<thead>
<tr>
<th>Service</th>
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<tr>
<td>Ambulance, Fire, Police (R.C.M.P.)</td>
<td>911</td>
</tr>
<tr>
<td>Vancouver Island Crisis Line</td>
<td>1-888-494-3888</td>
</tr>
<tr>
<td>Crisis Line, Ann Elmore House (Emergency shelter for women and children)</td>
<td>(250) 286-3666 &amp; 1-800-667-2188</td>
</tr>
<tr>
<td>Campbell River Hospital Emergency Department</td>
<td>(250) 850-2141</td>
</tr>
<tr>
<td>Helpline for children (for reporting child abuse or neglect)</td>
<td>310-1234</td>
</tr>
<tr>
<td>Kids Help Phone</td>
<td>1-800-668-6868</td>
</tr>
<tr>
<td>Native Youth Crisis Hotline (toll free)</td>
<td>1-877-209-1266</td>
</tr>
<tr>
<td>BC Problem Gambling Hotline (24-7)</td>
<td>1-888-795-6111</td>
</tr>
</tbody>
</table>
Acknowledgements

The Campbell River Community Services Directory was originally compiled by the Community Alcohol and Drug Action Committee (CADAC), with the hope that it would contribute to a safer and healthier community for all.

The Directory is currently maintained by staff at The John Howard Society of North Island. This edition was updated April 2015.

Updates

In order to keep each edition of the Directory as up to date as possible, please submit any changes or updates to The John Howard Society of North Island. You can drop off information at the John Howard office at #201 – 140A 10th Avenue or fax it to us at (250) 286-3650, Attention: Community Services Directory Staff. Please include the page number in the current directory your information refers to.
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Aboriginal Health

375 – 2nd Ave
Phone: (250) 850-2145 / Fax: (250) 850-2145
Website: [http://www.viha.ca/aboriginal_health](http://www.viha.ca/aboriginal_health)

Contact Person

- Laurie Dokis; Manager North Island CRDGH
  Phone: (250) 850-2604
- Amy Palumbo; Aboriginal Liaison Nurse CRDGH
  Phone: (250) 850-2602

Operational Principles

Aboriginal Health, a department of VIHA’s Population and Family Health clinical portfolio, provides hospital, community, home care and public health services.

Vision

Working together to improve the health of Aboriginal people.

Mission Statement

To provide culturally appropriate, accessible health services to Aboriginal people in the Vancouver Island Health Authority in partnership with First Nations communities.

Programs Offered

Manager, Aboriginal Health

Works with you and your community in addressing your health needs in a culturally respectful manner. The manager for Aboriginal Health is the contact person for VIHA Aboriginal Health program information.

Aboriginal Health Liaison Nurse

The Aboriginal health nurses understand that Aboriginal people often face special health care challenges as a result of colonization. We can make sure that you and your family gets the right kind of health care advice, equipment and services.

A liaison nurse can:

- assist you or your family when talking to hospital staff and act as a client advocate.
- help with First Nations/aboriginal cultural and ceremonial requests and needs.
- communicate with and obtain assistance from appropriate community and federal agencies.
- arrange any care or follow up services you may need after you leave the hospital.
- liaise with health care professionals and community agencies to enhance service delivery.

Aboriginal Health Community Nutritionist

The Aboriginal Health Department has a full-time community nutritionist who delivers health services to first nation communities and urban population from Comox Valley to Port Hardy.
The nutritionist works on helping communities access healthy food and enjoy good nutrition through projects such as:

- Community Nutrition Initiatives
- Garden Creation Projects
- Food Skills
- Finding funding and linking resources to community
- Linking communities to VIHA health services
- General health information and resources

**Population Served**
North Island Aboriginal people and communities

**Languages Spoken**
English

**Hours of Operation**
8:00 a.m. – 4:00 p.m. Monday to Friday

**Funding Sources**
Vancouver Island Health Authority

**Current Organizational Partnerships**
Partners with First Nation/Aboriginal organizations to provide holistic, culturally appropriate and accessible health services

**Committees and Working Groups**
- Campbell River Aboriginal Health Working Group
- Comox Valley Aboriginal Health Working group
- Mount Waddington Aboriginal Advocacy Group
Access Now

2377 Eardley Road, Campbell River, BC V9W 1L8
Phone / Fax: (250) 923-6381

Director
Grant Jones

Programs Offered
- Support to mentally challenged men and women (service is individualized)
- Self-help Skill Development
- Transition to Adulthood

Population Served
Mentally challenged adults and children

Languages Spoken
English

Hours
Monday – Friday: 8:30am – 5:00pm (flexible)
**Adult Children of Alcoholics (ACOA)**

Meets at #207 – 1040 Shoppers Row, Campbell River, BC V9W 2C6  
(Mental Health and Addictions Office)

**Contact Person**
- Diane: (250) 287-8253
- Dave S. (250) 923-9197

**Programs Offered**
A 12-Step meeting group, offering support and an opportunity to listen and share.

**Population Served**
Adult children of alcoholics, or anyone from an addictive or otherwise dysfunctional family. Newcomers are welcome.

**Languages Spoken**
English

**Hours**
Monday nights: 7:30pm
Advocacy Services Centre

A program of the Campbell River Women’s Resource Centre
1261 Ironwood St. Campbell River, BC V9W 5T4
Phone: (250) 914-0272 / Fax: (250) 914-1272
Email: advocacyservices@shaw.ca

Staff

- Brenda Kobzey – Legal Advocate
- Heather Brownhill – Advocacy Assistant
- Melanie Burneau – Homelessness Outreach Coordinator

Programs Offered

Legal Advocacy
Provides legal information, support, referral, and representation in administrative law to low income and disadvantaged people in Campbell River. Assistance to people on income assistance, tenants, people with disability issues, those in debt, with small claims, or with pensions.

Legal information
Provides support, referral, accompaniment and representation at residential tenancy arbitrations, welfare tribunals, and other administrative hearings.

Homeless Outreach Program
Outreach worker can assist people who are homeless or at risk of homelessness to find and secure housing. Can also help with getting basic ID, a mailing address, applications, referrals, and finding emergency shelter, clothing or food. Some limited rental assistance is available.

Homelessness Prevention Program
Can provide assistance to those leaving hospital, corrections or foster care, those fleeing abuse, and Aboriginal peoples.

Pro Bono Law Clinic
Legal advice from a lawyer for persons on low income. By appointment only.

Community Volunteer Income Tax Program
Preparation of taxes for low income clients.

Population Served
Low income, disabled people, youth, seniors, singles and families.

Languages Spoken
English

Hours
Tuesday to Friday 9:00am – 4:30pm, or by appointment. Closed daily from 12:00pm – 12:30pm for lunch.
Funding Sources

- Law Foundation of BC
- BC Housing
- Vancouver Island North Women’s Resource Society
AIDS Vancouver Island

1371 Cedar Street, Unit C Campbell River, BC V9W 5T4
Phone: (230) 830-0787 / Toll Free: 1-877-650-8787 / Fax: (250) 830-0784
Website: [www.avi.org](http://www.avi.org)

Campbell River Staff

- Leanne Cunningham: [Leanne.Cunningham@avi.org](mailto:Leanne.Cunningham@avi.org) (Positive Wellness Counsellor)
- Erin Mostad: [erin.mostad@avi.org](mailto:erin.mostad@avi.org) (Harm Reduction)

Executive Director

Katrina Jensen: (250) 384-2366

Programs Offered

- Support, counselling, advocacy, education and harm reduction for people infected or affected by HIV/AIDS and/or Hepatitis C.
- Drop-in lounge for registered clients, Mon-Thurs. 9am-1pm.
- Resource library – Which includes free educational resource materials on HIV, HCV, sex health and harm reduction.
- Education: (including) age appropriate presentations for the general public, at risk individuals and groups, service providers and business community.
- On-site Harm Reduction.
- STI testing and vaccines in partnership with Public Health Nurse every second Tuesday and fourth Tuesday.
- Liver Care Nurse - every Monday.

Languages Spoken

English

Hours of Operation

Monday – Thursday: 9:00am – 4:00pm; Fridays: 11:00 am – 3:00 pm

Funding Sources

- Health Canada
- Vancouver Island Health Authority
- Campbell River Gaming

Current Organizational Partnerships

- North Island Supportive Recovery
- Various Aboriginal Communities
- North Island Transition Society
- Vancouver Island North Women’s Centre
- Vancouver Island Health Authority: Public Health, Mental Health & Addictions
- Y4D- CR Multicultural & Immigrant Services Assoc.
- The John Howard Society of North Island
- Laichwiltach Family Life Society
Committees and Working Groups

- Pacific AIDS Network (PAN)
- CR Aboriginal Working Group
- CRSEAT
- Integrated Health Network
- STOP HIV- Provincial Plan
- North Island Liver Services
- Around the Kitchen Table- Cheemainuk/ BCCDC
- Positive Wellness North island
Al-Anon

Phone: 1-888-4AL-ANON (1-888-425-2666)
Website: www.bcyukon-al-anon.org

Contact Persons
Judy: (250) 830-1088

Operational Principles

Al-Anon Family Groups
Each is a fellowship of relatives and friends of alcoholics who share their experience, strength and hope, in order to solve their common problems. Al-Anon believes that alcoholism is a family illness and that changed attitudes can aid recovery. Al-Anon is both anonymous and confidential.

Al-Anon is separate from Alcoholics Anonymous and is not affiliated with any sect, denomination, political entity, organization or institution and do not endorse or oppose any causes.

Al-Anon’s One Purpose
To help families of alcoholics, by practicing the Twelve steps, welcoming and giving comfort to the families of alcoholics and giving understanding and encouragement to the alcoholic.

Programs Offered

12-Step self-help group meetings
- Wednesdays: 12:00 – 1:00pm, at 34 South Alder Street, Room 221 (St. Patrick’s Church)
- Sundays: 8:00pm – 9:00pm, at 300 Thulin Street (7th Day Adventist Church)
- Tuesdays: 7:30 p.m., Children’s Centre, Quadra Island
- Thursdays: 1:00 – 2:15pm, at 300 Thulin Street (7th Day Adventist Church)

Languages Spoken
English

Population Served
Any relative or friend of an alcoholic

Funding Sources
Self-funded
Alano Club of Campbell River

301, 10th Avenue, Campbell River, BC V9W 4E4
Phone: (250) 287-2911

Contact Person
John McGillivray, President

Programs Offered
- Sober dance, every second week
- Sunday Breakfast meetings, every second week
- A friendly, warm and caring atmosphere where people can have fun, play pool, enjoy coffee, talk, and receive support as they discover new ways of life
- Alcoholics anonymous and narcotics anonymous meetings

Operating Principles
- To offer a supportive place for anyone in the community who wishes to socialize in an alcohol/drug free community.
- To make it possible for people in the community to socialize in a safe, non-judgmental place and to support each other in making positive lifestyle choices.

Population Served
Open to everyone

Languages Spoken
English

Meetings
- Monday – Friday 12:00pm – 1:00pm
- Saturday 10:00am – Women’s Meeting; 12:30m - 1:30pm – Regular Meeting
- Every Sunday: breakfast meetings (Breakfast 10:00am – 11:00am, Meeting 11:00am – 12:00pm)
- Sober Dances (Every second Saturday Night): 8:00pm – 12 midnight

Funding Sources
- Canteen proceeds
- Memberships ($6.00 per month for those 55 and younger, $3.50 per month for those over 55)
- Private Donations
- Bingo (Gaming Commission)
Alcoholics Anonymous (District 3, Campbell River)

PO Box 652, Campbell River, BC V9H 1R8
Phone: (250) 287-4313 (Answering Service)
Website: www.alcoholics-anonymous.org

Operating Principles

- Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.
- Alcoholics Anonymous is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.
- The primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Programs Offered

- 24 hour answering service – Immediate contact with a volunteer (phone numbers are given) for those who need it
- Please call for meeting times and locations
- 12 Step meetings for members to attend

Population Served

Anyone who is trying to recover from alcoholism and achieve sobriety

Languages Spoken

- English
- Answering service and website are also available in French and Spanish

Hours

Various meetings held

Funding Sources

Self-supported through members’ own contributions – there are no dues or fees for membership
Alzheimer’s Society of BC

North and Central Vancouver Island Resource Centre
200 – 1585 Bowen Road, Nanaimo, BC; V9S 1G4
Toll free: 1-800-462-2833 www.alzheimerbc.org

Facilitator
Sandi Mae

Contact Persons
- Jane Hope: 1-800-462-2833 Email: jhope@alzheimerbc.org
  Support and Education Coordinator – North and Central Vancouver Island
- Sandi Mae: (250) 923-5346
  Campbell River Support Group Facilitator
- Kathy Skalk: (250) 923-8047
  Campbell River Support Group

Mission Statement
The Alzheimer Society of BC exists to alleviate personal and social consequences of Alzheimer disease and related dementias, to promote public awareness and to search for the causes and cures.

Programs Offered
- Support Group for Caregivers in Campbell River
- Information and Resources on Alzheimer’s disease and related dementia
- Resource Centre in Nanaimo
- Education programs
- Teleworkshops
- First Link: Early intervention, information and referral services

Population Served
Caregivers, Family and friends of people with Alzheimer’s Disease or related dementia.

Languages Spoken
English

Hours
- Campbell River Alzheimer’s Support group meets on the first Thursday of each month, 7:30pm - 9:30pm, at the Campbell River Hospital Mittenatch Room
- Other programs and services vary – please call for times and location

Funding Sources
Alzheimer’s Society of BC
BC Cancer Agency Prevention Programs

Regional representation throughout BC
Phone: (604) 877-6227 / 1-800-663-3333 ext 676227
Fax: (604) 877-6212
Website: http://www.bccancer.bc.ca/PPI/Prevention/default.htm

Contact Person
Kathy Pym

Background
The BC Cancer Agency’s Prevention Programs, with support from the BC Cancer Foundation, has a team of Prevention Educational Leaders (PELs) who are located throughout BC. The PELs build partnerships, collaborate, and support health authorities in assessing community needs and implementing public education programs, as well as making recommendations for cancer control in their regions.

In carrying out their mandate, the PELs focus upon the five main preventable risk factors for cancer of tobacco, obesity, inactivity, poor nutrition and sun exposure. The PELs also assist to promote and educate about Screening, chiefly mammography and cervical screening. Furthermore, our staff provide cancer prevention information for BCCA patients in order to prevent new cancers.

Programs Offered

- **Healthy Living Schools**
  Certification is offered to schools which teach students about healthy living factors which decrease their risk for cancer. Our team of Prevention Educational Leaders works with school districts to help children (and their families) understand that what they eat, their level of activity, whether they smoke, and if they protect themselves from the sun all have an impact on their health and well being.

- **Hi5Living / Graduation Transitions**
  [www.Hi5Living.org](http://www.Hi5Living.org) helps teens and young adults sort through the sometimes confusing messages that they may receive about cancer from the media or their peers. Educators who work with secondary school students in BC can also use Hi5Living.org to teach Planning 10 and Graduation Transitions.

- **Sun Safe Daycares/Pre-Schools**
  The Sun Safety initiative recognizes those preschool and daycare facilities in BC that have instituted measures to help protect children from harmful exposure to the sun. As a key element of our Sun Safe Program, we issue "Sun Safe Facility" certificates to daycares and preschools that meet essential sun safety requirements.

- **Tobacco Education**
  TEAM is a document developed for use by non healthcare front-line workers who wish to assist tobacco users with cessation.

- **Community Outreach Events**

Languages Spoken - English
President
Marco Costa

Contact Person
Robyn Ellsworth

Programs Offered
- Strengthening Families Together held annually. This group is for families of people with a mental illness. Please call the office for more information.
- Leaders participate at health fairs and other community health educational events.

Population Served
Friends and relatives of those with schizophrenia and other persistent, serious mental illnesses.

Languages Spoken
English

Office Hours
- Tuesdays 1 pm – 5 pm
- Fridays 10:30 am – 2:30 pm
Behaviour Resource Team – School District 72: Student Services

740 Robron Rd, Campbell River, BC V9W 6J7 (Located in the Robron Centre)
Phone: (250) 286-4400 / Fax: (250) 286-6060

Contact Persons

- Doe Shires: Behaviour Resource Specialist (250) 286-4400 x2261
- Kim Kozuki: Behaviour Resource Specialist (250) 286-4400 x2226
- Tim Hicken: Ecole Phoenix Middle School Counsellor (250) 286-4400 x2281 check #

Mission Statement

The Behaviour Resource Team, consisting of two Teachers and two Youth Care Workers, helps students who are experiencing difficulties within the school system because of issues regarding behaviour, absenteeism, or personal lifestyle.

Programs Offered

- Team members offer direct service to students and work closely with school personnel to develop effective plans.
- Team members often work closely with other community based support services. Referrals to this team are made through the “School Based Team”.

Population Served

Kindergarten – 8

Languages Spoken

English
Birthright of Campbell River

Office: Room 211, 437 10th Avenue  
Postal address: Box 316, station A, Campbell River, BC V9W 5B1  
Phone: (250) 286-1712 / Fax: (250) 285-2468  
Free hotline: 1-800-550-4900  
Website: www.birthright.org

Contact Persons
- Katherine Knappett: 923-7919
- Reine Berns: 287-7638
- Lorraine Flynn: 287-3418

Operating Principles
It is the right of every pregnant woman to give birth and the right of every child to be born. Everything is free and confidential.

Programs Offered
- Pregnancy testing
- Pre-natal and post-natal information
- Friendship
- Baby and maternity clothing
- Sometimes help clients to get food and/or to find housing
- We provide whatever particular help the woman needs to bring her baby to birth and put her life back together.

Population Served
Girls and women in need of any kind of support due to pregnancy

Hours
Monday – Friday: 12 noon – 2:00pm (except holidays)

Languages Spoken
- English
- Dutch

Funding Sources
- Fundraisers such as craft sales, baby bottle coin banks and hotdog sales
- Private donations from churches and individuals
Campbell River Access Awareness Committee

401-11th Ave, Campbell River, B.C., V9W 4G2
Phone: (250)286-1161 (Judy)
Phone (250) 923-7779 (Beverley)
Fax: (250)830-0164
Email: judy.ridgway@campbellriver.ca or bevsblue@shaw.ca

Chairperson
Beverley Gill

Mission Statement
Creating an accessible Campbell River

Services Provided
- Making access recommendations to the City Mayor and Council
- Working to remove physical and attitudinal barriers to accessibility
- Promoting awareness of access issues in our community
- Working with businesses and concerned citizens to make the Campbell River area accessible to all
- Supporting projects that will create an accessible Campbell River

Population Served
- Persons who live with a disability
- Family members of persons who live with disabilities
- Interested persons who share the mission of the Campbell River Access Awareness Committee

Languages Spoken
English

Hours
Meetings once a month in an accessible location. Please call for meeting location and times. No meetings during July and August.
Immigrant Welcome Centre of Campbell River

(Campbell River and Area Multicultural and Immigrant Services Association)
Robron Centre
A114 - 740 Robron Road, Campbell River, BC V9W 6J7
Phone: (250) 830-0171 / Fax: (250) 830-1010, Toll Free: 1-855-805-0171
Website: www.immigrantwelcome.ca & www.welcome2CampbellRiver.ca
E-mail: info@immigrantwelcome.ca

Executive Director
Rachel Blaney

Mission Statement
The Immigrant Welcome Center works toward the elimination of racism, promotes inclusion, and assists immigrants and their families to settle and adapt to our community.

Programs Offered
- Drop-in and resource Centre with information in many languages
- Multicultural Settlement Staff
- Language interpretation and translation service
- Citizenship preparation
- Multicultural Women’s Group
- English Conversation and Social Group for Immigrants 50 years+
- Multicultural men’s soccer group
- Multicultural family place
- Volunteer Opportunities
- Resource lending library
- Community multicultural celebrations
- Annual Community Walk for the Elimination of Racism
- Youth 4 Diversity and Anti-Discrimination project

Population Served
- Refugee claimants
- First generation immigrants and their families
- Permanent resident applicants
- Foreign caregivers
- Community agencies seeking information and support to better serve their immigrant clients
- Individuals who have experienced racism
- Community members and agencies seeking anti-racism education.

Languages Spoken
Vietnamese, French, Mandarin, Cantonese and English

Hours
Monday to Friday 9:00am – 4:00pm
Funding Sources

- Province of British Columbia
- Ministry of Jobs, Tourism, Skills Training
- Ministry of Advanced Education, Innovation and Technology
- Affiliation of Multicultural Societies & Service Agencies of BC (AMSSA)

Current Organizational Partnerships

- Family Place
- CR Parks and Recreation
- Active Living 50+ Program
- North Island Employment Foundations Society
- Carihi and Timberline Secondary Schools
Campbell River and District Adult Care Society

12-142 Larwood Road, Campbell River, BC V9W 1S2
Phone: (250) 923-0991
E-mail: cradult@telus.net

Administrator
Pam Mann, RN

Mission Statement
To restore our sense of dignity, reduce isolation, improve quality of life and to assist individuals to remain independent in the community.

Programs Offered
- Organized variety of therapeutic health, social and recreational programs
- Bus transportation to centre and outings
- Nutritional Hot lunch and snacks
- Daily social activities and entertainment
- Peer interaction
- Group exercise and mental stimulation
- Monitoring of medical conditions and medications
- Toileting feeding and mobility assistance
- RN support

Population Served
Adults over 19 with chronic health problems (all complex healthcare problems) as well as seniors in the community

Languages Spoken
- English
- Punjabi and Hindi translations are available

Hours
Monday – Friday: 8:00am – 3:30pm

Funding Sources
Vancouver Island Health Authority
Campbell River and District Association for Community Living

#103 – 301 Dogwood Street, Campbell River, BC V9W 2Y1
Phone: (250) 286-0391 / Fax: (250) 286-0393

Director
Greg Hill

Mission Statement
The Campbell River and District Association for Community Living provides and advocates for local services to support people of all ages with special needs, their families and caregivers. HELPING PEOPLE TO HELP THEMSELVES.

Programs Offered
Children Services
Four Group Homes
Supported Employment
Leisure Centre
Community Access Services
Passages Day Program
Nifty Thrifty
Semi-Independent Living
Ironwood Place
Sunrise Resources for Early Childhood Development
Supported Child Development Program
Palmer Place

Population Served
Community at large.

Languages Spoken
English

Hours
Monday to Friday: 8:30am - 4:00pm

Funding Sources
• Ministry of Children and Family Development
• Community Living B.C.
• BC Housing
• Vancouver Island Health Authority
Campbell River and North Island Transition Society
Ann Elmore House

P.O. Box 548, Campbell River, BC V9W 5C1
Phone: (250) 287-7384 / Fax: (250) 286-6252
Help Line:(250) 286-3666 / 1-800-667-2188
E-mail: aeh@annelmorehouse.ca

Director
Valery Puetz

Mission Statement
The CR&NITS works with a feminist perspective, to achieve a balance of power in society. We provide safe shelter and access to community-based resources for women and children.

Programs

Ann Elmore House
- Shelter for women and their children who are at risk of abuse, up to one month residency
- Outreach programs, including support groups and one on one counselling
- 24 Hour Help Line for support and crisis intervention
- Supportive recovery for women with addictions up to 28 days residency

Parenting Support
- Available for women caring for children who have been affected by abuse or violence in their home. Contact Bonnie: (250) 286 - 3666

Population Served
Women and Children, all ages

Languages Spoken
English

Hours
7 days a week, 24 hours a day

Funding Sources
- BC Housing
- Vancouver Island Health Authority
- Gaming (Bingo)
- United Way
- Fundraising

Current Organizational Partnerships
• Prevention of Violence Against Women Week, International Women’s Day, Take Back the Night March commemorated in partnership with CR Women’s Centre, CR Family Services

Committees and Working Groups

• Relationship and Sexual Violence Response Committee
• CADAC
• CR Sexual Exploitation Action Team
Campbell River Beacon Club

684 A Island Hwy, Campbell River BC V9W 2C3
Phone: (250) 286-8828 / Fax: (250) 286-8879
E-mail: susan.messinger@shaw.ca
robyn.ellsworth@shaw.ca
frannie.wright@shaw.ca

Contact

- Susan Messinger – Administrator
- Robyn Ellsworth – Fundraising Coordinator
- Frannie Wright-Activity Coordinator

Mission Statement

The Campbell River Beacon Clubhouse is a non-profit society; our mission is to help those with a chronic mental illness achieve their potential as valued members of our community.

The Beacon Club is about participation and pride in what we can accomplish as a group. It is a place for those living with mental illness to get involved in creating a warm, welcoming and understanding environment where we can come to find friendship and support, as well as opportunities to share our talents and learn new skills.

Programs Offered

- Nutritional Meals (Tuesdays, Wednesdays, Fridays)
- BCSS Nutritional Learning Program every Wednesday
- Fit’n Fun Program (when funding permits)
- Clay Studio every Tuesday
- Computers (for member use only)
- Workshops (e.g. First Aid, Food Safe)
- Recreational events: bowling, swimming, movies, shuffleboard, ping pong, pool table, karaoke, outings, crafts etc.
- Volunteer Incentive Program (in-house program which requires members to volunteer in running the clubhouse)
- Special seasonal events (e.g. Christmas, Thanksgiving, Easter)

Population Served

We provide adults who have chronic mental health issues and who may have concurrent addiction issues varied and meaningful opportunities to develop and enhance independent life skills.

Languages Spoken

English

Hours

- Monday, Tuesday, Wednesday, Thursday: 11:00am – 4:00pm
- Friday: 11:00am – 7:00pm
- Saturday: 11:00am – 4:00pm
Funding Sources

- Vancouver Island Health Authority
- Gaming
- Strathcona Regional District
- Lohn Foundation
- Heron’s Landing/ Ocean Resort
- Julius Becker Forest Ltd.
- Fundraising Initiatives
- Community Donations

Fees

Membership fees $2.00 per year, renewal each September

Current Organizational Partnerships

- British Columbia Schizophrenia Society- Campbell River branch
- Campbell River Mental Health and Substance Use
- Peer Support Program
- Practicum Students from Discovery Community College and North Island College
- Community volunteers
Campbell River Literacy Association: “Literacy for All”

Robron Centre, A121A - 740 Robron Road
Campbell River, BC V9W 6J7
Phone: (250) 923-1275
Website: www.literacyforall.ca
Email: info@literacyforall.ca
Facebook page: Campbell River Literacy Association

Contact Persons

- Julina Spetch  ESL Settlement Assistant Program Coordinator/Administrator
  julina@literacyforall.ca
  (250) 923-1275
- Sherry Bujold  Adult Literacy Program Coordinator
  sherry@literacyforall.ca
  (250) 923-1275
- Kat Eddy  Outreach/Computer Literacy Coordinator
  kateddy@literacyforall.ca
  (250) 923-1275
  (250) 830-3290

Who We Are

We are a registered non-profit society, whose mandate is to foster and promote literacy, and the importance of literacy in individual lives as well as society as a whole.

Programs Offered

We offer a variety of programs, all of which provide one on one tutoring to individuals whose literacy skills are not fully developed. These include:

ESL Settlement Assistance Program

Our objective is to help newcomers to advance their English skills, to increase their knowledge of life in Canadian society and to assist with their long-term integration into Campbell River. Our primary activity is to provide English language tutoring support to adult immigrants and refugee newcomers to further their social, cultural, economic and political integration into our community. Tutoring is Monday to Thursday 8:30am-3:30pm and Monday and Thursday evening 6:30pm-8:30pm.

Adult Literacy Program

This community literacy program is designed for adults struggling with basic to mid level literacy challenges. Upon completion, adults are ready to enter other educational programs in pursuit of their personal goals. Tutoring is Monday to Thursday 8:30am – 3:30pm and Monday and Thursday evening 6:30pm-8:30pm.

Computer Literacy Program

Basic computer training for people with little to no computer experience. This program provides access to computers and to most commonly used software programs.

- Community Outreach Program
The outreach program allows us to offer support and advocacy for your clients in pursuit of their individual literacy needs. Our goal is to raise awareness of the literacy challenges in the community.

**ESL Youth Program**

In an effort to support the families of adults attending the evening classes we have introduced an ESL for youth project that runs concurrently with the adult sessions. We have added a youth program that augments the adult classes on Monday and Thursday evenings from 6:30pm – 8:30pm. This program is available to the children of adult learners and other ESL learners who wish to access our services or receive additional ESL help.

**English Conversation Group**

Due to the increasing number of English as a Second Language Settlement Assistance Program learners, there is a growing need for another English program for newcomers. The English Practice Group is a great addition to the current ESL Settlement Assistance Program; our learners are very keen to improve their verbal communication skills and this program provides another opportunity to practice their English skills. The objective of this program is to decrease the wait list for English Language services and encourage new participants to improve their English through conversation.

**Population Served**

Our goal is to reach all individuals within the Campbell River area who have low literacy skills and wish to improve them.

**Languages Spoken**

English

**Hours**

Monday to Thursday, 8:30am-3:30pm and Monday and Thursday evenings 6:30pm-8:20pm.

**Funding Sources**

- Ministry of Advanced Education
- The Ministry of Jobs, Tourism and Skills, Training and Minister Responsible for Labour Immigrant Integration Branch.
- CR Literacy Now
- Community Gaming Grants
- Community Fundraising events/donations
Campbell River Diabetes Education Centre

Phone: (250) 850-2607 /Fax: (250) 850-2618
Email: jacki.price@viha.ca

Contact Person
Jacki Price, R.N., Certified Diabetes Educator

Operational Principles
- Free medical assistance and information about self-management of Type 1 (children and adults), Type 2, and Gestational Diabetes.
- Doctor or health-care professional referrals preferred, but self-care referrals accepted.
- Provide information for people with pre-diabetes.
- Diabetes prevention information.

Programs Offered
Individual appointments and/or group sessions

Population Served
Individuals of all ages

Languages Spoken
English, but can access interpreters when needed (please let us know in advance).

Hours of Operation
- Monday to Friday, 8:30am to 4:15pm
- Drop-in for quick, non-appointment questions every Wednesday from 3 to 4 pm.

Funding Sources
VIHA

Current Organizational Partnerships
- VIHA
- Mental Health and Addiction Services
- Strathcona Gardens
- B.C. Children’s Hospital
Campbell River Family Network

Phone: 250-202-0307  
Email: crsuccessby6@gmail.com  
Website: crfamilynetwork.ca

Contact Person  
Cheryl Jordan (Success By 6 Coordinator)

Mission Statement  
We are a Network of coalitions working together to strengthen the capacity and commitment of the communities in the Campbell River Region to help our young children. Research shows that children do better when their families feel connected to their community. In turn, communities do better when their young children thrive. We have joined together to promote family friendly communities – neighbourhood by neighbourhood – throughout the region.

Vision Statement  
Our community embraces a culture that works collaboratively to coordinate and optimize resources, imagination, and commitment toward the healthy development of all our children.

Our Goals  
Our Campbell River Area Network aims to make the Campbell River Region a great place to raise a child by:  
- Making it easy for families to find services, programs and activities  
- Helping neighbourhoods meet the needs of young children and their families  
- Letting communities know: a child’s first six years are critical

Languages Spoken  
English

Funding Sources  
- Grants  
- Success By 6 (United Way, Coastal Community Credit Union, MCFD)  
- Local business supporters

Committees and Working Groups  
- Aboriginal Infant Development Working Group  
- Working Task Group  
- Early Learning and Care Coalition  
- Early Childhood Development Table  
- Success By 6 Community Council of Partners
Campbell River Family Services Society

- 487 10th Avenue, Campbell River, BC V9W 4E4
Phone: (250) 287-2421 / Fax: (250) 287-4268
Website: www.crfamilyservices.ca

Executive Director
Camille Lagueux

Mission Statement
Campbell River Family Services Society is a non-profit agency providing programs and service reflecting the changing needs in our community to enhance the well-being of all families and individuals.

Programs Offered

Early Years Services Team
- Pregnancy Outreach Program - assistance and support to high-risk pregnant women
- New Beginnings Program
- Triple P Parenting Programs for parents with children aged 2 – 8
- Creating Healthy Families
- Early Childhood Behaviour Consultant Program

Moms and infant/toddlers drop in:
- Tuesdays: 11:30am – 1:30pm Postnatal drop-in group for moms and infants. Education, resources and referrals.
- Thursdays: 11:30am – 1:30pm Creating Healthy Families drop in group for moms and toddlers aged 1 – 3. Education, resources and referrals.
- Fridays: 11:30am – 1:00pm Interactive Play group for Moms and children aged 0 -6.

Parent Support Group
- In addition to support and brainstorming, the group includes education and skill building. Offered 6:30pm- 8:00pm on the last Thursday of each month. Meeting occurs in Family Services Office

Child and Family Services Team
- Child and Family Liaison Program (by MCFD referral only)
- Child, Youth and Family Development Program (by MCFD referral only)
- Group Works Program
- Parenting Hotline: parents can call to brainstorm about difficulties they are having. If problems require more than the occasional call, they will recommend you get connected with one of the services in town. This is not a crisis line, but they do try and call you back within 48hrs.
- Family Support Program (by MCFD referral only)

Specialized Services Team
- Behavioural Consultant for Caregivers- offers consultative and supportive services to foster parents
- Children Who Witness Abuse Program
• Community Based Victim Services – services to victims of family/sexual violence
• Sexual Abuse Intervention Program- assessment and treatment services to children and adolescents who have been sexually abused
• Domestic Violence Response Project

Gold River Services
• Children Who Witness Abuse Program – 287-2421
• Police Based Victim Service Program – 283-7773

Population Served
• Children and families
• Young parents
• Foster parents
• Victims of crime

Hours
• Monday - Friday 8:30am-4:30pm
• Closed daily for lunch between 12:00pm -1:00pm
• Support groups, classes and counselling sessions offered evenings and weekends depending on client’s needs

Languages Spoken
English

Funding Sources
• MCFD
• Vancouver Island Health Authority (Mental Health and Public Health)
• Public Safety and Solicitor General
• Public Health Agency of Canada
• United Way Central and Northern Vancouver Island
• Fundraising

Current Organizational Partnerships
Work with organizations on a day to day program delivery level and on some project specific (time limited) initiatives

Committees and Working Groups
Numerous community inter-agency, advisory, steering committees
Campbell River Head Injury Support Society

591 9th Ave., Campbell River BC, V9W 4B5
Phone: (250) 287-4323 / Fax: (250) 914-1120
E-mail: info@crhead.ca
Website: www.crhead.ca

Contact Persons
Shelley or Jenn

Executive Director
Shelley Howard

Mission Statement
The Campbell River Head Injury Support Society provides education, advocacy, support, and fellowship to brain injury survivors, their caregivers, families, and education to the general public about brain injury.

Programs Offered

Caregivers Group
Once a month 5pm – 7:30pm. Discussion on brain injury symptoms, coping strategies, self care, community supports, etc.

Survivors Support Group:
Every Wednesday at 10:00am – 11:30am. Discussion on head injury symptoms, such as anger management, memory problems, fatigue, budgeting, etc.

Computer Instruction
Mondays, 10:30am – 11:30am. All levels of computer skills

Other Programs and Services
- Social Club and Mixed Group
- Advocacy
- Assistance with Doctors appointments / forms and application assistance
- Life skills Development
- Cooking and Preparation
- Dealing with Anger workshop
- Call for information on more programs

Population Served
Individuals, families, friends and community who are dealing with issues around brain injury.

Languages Spoken
English
Hours
Monday – Thursday 9:00am – 2:00pm, Fridays 9am – 1pm

Funding Sources
- Vancouver Island Health Authority (VIHA)
- United Way
- Donations
- Local Service Groups
Campbell River Home and Community Care
930 Island Hwy, Campbell River BC V9W 2C3
Phone: (250) 850-2150 / Fax: (250) 850-2158
Website: www.viha.ca/hcc

Mission Statement
To optimize the responsiveness of resources available to as effectively meet the needs of the people we serve.

Programs Offered
• Home Support
• Meals on Wheels
• Home Nursing Care
• Long Term Care
• Community Rehab
• Health Services for Community Living

Population Served
• People, often but not limited to seniors, who require short term and/or ongoing assistance with personal care and respite.
• A person is assessed for eligibility for service through the Continuing Care Program.
• Meals on Wheels serve people who are housebound who are unable to obtain a nutritious meal.

Languages Spoken
English

Hours
Monday to Friday: 8:30am – 4:30pm

Funding Sources
• Government Funding
• Donations

Current Organizational Partnerships
This organization is a part of Island Health (VIHA)
Campbell River Hospice Society
Unit 1 – 70 Dogwood Street, Campbell River, BC V9W 2X3
Phone: (250) 286-1121 / Fax: (250) 286-1195
Website: www.crhospice.org

Contact
- Julie Collis, Director, Operations. Email: Julie.collis@crhospice.org
- Iona Wharton, Director, Programs & Services. Email: iona.wharton@crhospice.org

Mission Statement
The Campbell River Hospice Society exists to provide compassionate support and companionship to meet the needs of individuals facing death, their families and their friends, and to those grieving a loss due to death.

Programs Offered
We are a dynamic non-profit society that offers end-of-life care and bereavement (grief) support services to the people of Campbell River and surrounding area free of charge. These services include:

Grief & Loss Counseling
Individual counselling in our office around grief and loss for adults, youth & children.

Hospice Hospital Visiting Team
Volunteer visits in hospital 5 days a week (weekends upon request).

Relaxation Therapies
Therapeutic Touch, iEcotherapy & Reiki.

Vigil Response Team
Volunteer support.

Therapeutic Relaxation Skills
A therapeutic relaxation class in a group setting for persons struggling with illness or grief. Wednesdays from 3:30 - 5 pm at the office.

Lending Library
Books, audiocassettes & DVD’s, brochures, government forms, estate information, funeral home info, etc.

Sally Wellman Memorial Garden
Purchase a plaque from Hospice in memory of a loved one. We then place it in the garden for you. Families may also plant a non-evasive plant in the garden.

Second to None Thrift Store
Second hand goods for sale.
A Journey Through Grief Workshop  
Designed for widow/widowers.

Suicide Bereavement Support Group  
Monthly group led by trained facilitators. The groups are small and provide a safe place to share.

Grief Support Group  
Monthly group led by trained facilitators. The groups are small and provide a safe place to share.

Walking Support Group  
A relaxed walking group where individuals can connect with others experiencing illness or grief to share and enjoy companionship while being in nature. Meet every Monday, 10:00 am at Frank James Park – begin walk by 10:15 am and have coffee at 11:00 am at Sundance Java Shack.

Population Served  
All ages

Languages Spoken  
English

Hours  
Office Hours: Monday – Friday: 9:00am – 3:00pm

Funding Sources  
The BC Gaming Commission, BC HYDRECS Community Growth Fund, Coastal Community Credit Union, Government Grants, Strathcona Regional District, Vancouver Island Health Authority (VIHA), public donations, and corporate and community sponsorship.
Campbell River Literacy Now

Phone: 250-923-6821
Email: anneboyd@telus.net
Website: www.literacyforall.ca

Contact Person(s)
Anne Boyd

Director/Executive Director/Chairperson/Coordinator
Anne Boyd – Literacy Outreach Coordinator.

Operational Principles/Mission Statement
Campbell River Literacy Now is dedicated to providing quality inter-generational experiences to enable all citizens to reach personal goals. We are a task force of interested people working to implement a community literacy plan, and to coordinate and support literacy in Campbell River.

Population Served
We serve members of the community from birth to old age who want to improve their literacy skills.

Programs
- Back Packs for Literacy – backpacks that are loaned to parents of young children through child learning centres
- Adult Literacy Outreach Program – a mobile literacy program designed to reach out to youth and adults struggling with literacy issues
- Organize Family Literacy Day for the community on Jan. 27 each year
- Sponsor Books for Babies locally

Languages Spoken
- English

Funding Sources
- 2101 Legacies Now – Literacy Now
- Grants

Current Organizational Partnerships
- School District 72
- Campbell River Community Literacy Association
- Success by Six
- Altrusa
- Vancouver Island Regional Library
- Salvation Army
- North Island College

Committees and Working Groups
Task Force that meets monthly to plan and implement the community literacy plan
Campbell River Senior Peer Counselling

A program of the Vancouver Island North Women’s Resource Society (VINWRS)
105-1116 Dogwood Street, Campbell River, BC V9W 3A2
Phone: (250) 287-3044 / Fax: (250) 287-3038
Website: www.crwomen.ca
E-mail: womenscentre@shawcable.com

Coordinator
Jackie Whan, RN

Programs Offered
FREE individual confidential one to one emotional support to MEN AND WOMEN aged 55+ by trained Senior Volunteers who offer to help seniors cope with issues such as:

- Loneliness
- Stress
- Anxiety
- Depression
- Isolation
- Relocation
- Lifestyle changes
- Relationships/family & friends
- Bereavement
- Self-esteem
- Retirement
- Aging & Health concerns

Our trained volunteer counsellors:
- Listen to you
- Reassure you
- Respect your need for privacy & confidentiality
- Help you find your own solutions
- Respect your self determination

Current Organizational Partnerships
Campbell River Senior Peer Counselling is a program of the Vancouver Island North Women’s Resource Society, proudly operating the Campbell River Women’s Centre since 1983

Funding Sources
Funded in part by a Community Gaming Grant from the Province of British Columbia and the United Way of Central-Northern Vancouver Island.

For an appointment or more information please call 250-287-3044 (the Women’s Centre) and leave a message for the Senior Peer Counselling Coordinator.
Campbell River Services Centre

101 - 950 Alder Street, Campbell River BC V9W 2P8
Phone: (250) 286-6212 / Fax: (250) 286-8347
Website: www.servicecanada.gc.ca

Programs Offered

- Social Insurance Number Application
- Employment Insurance
- Canada Pension Plan
- Old Age Security
- Apprenticeship Grants
- Veteran Affairs

Languages Spoken

English

Hours

Monday – Friday: 8:30am – 4:00pm

Funding Sources

Federal government
Campbell River Volunteer Society

Mailing address: PO Box 983, Campbell River BC V9W 6Y4
Location: 301 St. Ann’s Road, Lower Floor, Campbell River BC V9W 6Y4
(250) 287-8111 / Fax: (250) 287-9658
Website: www.volunteercr.ca
E-mail: mail@volunteercr.ca

Director
Louise Howes, Volunteer Centre Executive Director

Mission Statement
Campbell River Volunteer Society is dedicated to enhancing the quality of volunteerism by providing ongoing support and encouragement to individuals as they seek ways to become actively involved in our community and member agencies in their development and operation of effective volunteer programs.

Programs Offered
- Recruitment and Referral Service for Volunteers and Non-Profit Agencies
- TechEase technical support
- Workshops related to non-profit
- Volunteer Recognition

Population Served
Individuals of all ages and non-profit agencies

Languages Spoken
English

Hours
Monday to Thursday: 9:00am - 2:00pm

Funding Sources
- Gaming
- Fundraising events
- City of Campbell River
Campbell River Women’s Centre

A program of the Vancouver Island North Women’s Resource Society (VINWRS)
1265A Ironwood St. Campbell River, BC  V9W 5T4
(note: will be relocating in May 2013 to Rose Harbour Building 10th and Dogwood Street)
Phone: (250) 287-3044 / Fax: (250) 287-3038
Website: www.crwomen.ca
E-mail: info@crwomen.ca

Coordinator
Georgette Whitehead, RSW, MSW, RCC

Mission Statement
To promote equality and respect for all people in our community through education, support, communication and empowerment of women in a safe and unique environment. To value women’s history and celebrate our accomplishments.

Programs Offered
- Drop-In Centre coffee & tea
- Education and Information on such topics as: family violence, parenting, health issues, abusive relationships, legal issues, and human rights.
- Community and resource referrals
- Drop-in Peer Support by volunteers & crisis counselling by professional staff
- Personal Development Workshops and Groups
- Computer and Internet Access
- Faxing, Photocopying and Message Centre
- Book, Video and Reference Library
- Poverty Relief Program – free women’s clothing, personal care supplies
- Volunteer Opportunities
- Women’s wellness workshops
- Annual art workshops and show in February and March
- Walking with our sisters – individual counselling

Population Served
Women of all ages and their children

Languages Spoken
English

Hours
- Monday – Thursday: 10:00am – 3:00pm
- Closed Fridays, Weekends and Holidays

Funding Sources
- Province of BC, Gaming Policy and Enforcement, Community Gaming Grants
- Community Support/Donations
- Fundraising
• Status of Women, Government of Canada
• United Way Member Agency

**Current Organizational Partnerships**
Various organizations throughout the year

**Committees and Working Groups**
• Campbell River Relationship and Sexual Violence Response Committee
• Campbell River Sexual Exploitation Action Team
• Community Alcohol and Drug Action Committee (CADAC)
• Social Planning
• ASAP
• Adult Interagency
• Campbell River Circle Interagency Group
• Homelessness Coalition
Campbell River Young Parents' Program (CRYPP) Cari's Infant and Toddler Centre

Street Address: 771 4th Avenue  
Mailing Address: 1685 S. Dogwood Street, Campbell River BC V9W 8C1  
Phone: (250) 286-1193 / Fax: (250) 286-1135  
E-mail: caris@crnfp.net

Directors

- Gwen Bennett – Coordination/Child Care  
- Rudi Kreis/ Shelly Hollingshead – Education  
- Hayley Classen / Dawn MacDonald - Health  
- Amanda Adams – Support and Outreach

Mission Statement

We believe that a strong partnership between each of the four components (Education, Health, Support, and Child Care) and the parents of the CRYPP is essential. This partnership creates an environment in which parents can meet the demands of day-to-day life while working towards their educational goals and brightening the future for themselves and their families.

Programs Offered

Childcare

Quality care for up to 24 children aged newborn to 36 months, including snacks, lunch and a cloth diaper service. There are also snacks and some meals for parents. Fees for children of qualifying young parents are paid in full by the MCFD Child Care Subsidy Program.

Education

Most young parents attend an alternate educational program at Carihi but may be attending another secondary school, Continuing Education or North Island College.

Support/Outreach

Workers in this program and guest speakers provide information, resources and assistance with transportation, housing, nutrition, relationships, etc, and a weekly parenting group.

Health

A public health nurse conducts well-baby clinics and gives immunizations at least once a month. An Infant Development Consultant also visits the centre monthly.

Population Served

- Young parents and other community families  
- 16 out of 24 spaces are prioritized for participants of CRYPP  
- In order to access an enhanced child care subsidy to cover the cost of child care while working towards high school completion, the young parent must meet the Ministry for Children and Family Development criteria, have become a parent while he/she was less than 20 years of age, and now be aged 24 or less.
• Services are offered to pregnant students and graduated students as they transition as they transition in and out of the CRYPP.

Languages Spoken

English

Hours

• Monday - Friday: 7:30am– 5:30pm open year-round with occasional closures.
• Alternate Education Program (Flex) at Carihi Secondary
  Monday – Friday: 8:30am – 3:00pm

Funding Sources

• Child Care Subsidy Program
• Child Care Operating Funding Program
• MCFD Contract for Coordination and Support/Outreach worker

Current Organizational Partnerships

• Breastfeeding Friendly Initiative
• School District #72
• Forest Circle Society for Families
• The John Howard Society of North Island
• Laichwiltach Family Life Society
• Vancouver Island Health Authority
• Infant Development Program (Sunrise Resources)
• Supported Child Development Program
• BC Council of Families

Committees and Working Groups

• CRYPP Advisory Committee
• CR Early Care and Learning Coalition
• ECEBC Local Branch
• Vancouver Island Coalition of Young Parent Programs
Campbell River Youth Clinic

740 Robron Road, Campbell River. On the lower level inside Robron Centre
Phone: (250) 850-2110/ Fax: 250-287-2822
Website: www.cryouthclinic.ca

Contact Person
Call Public Health at 250-850-2110 and ask to speak with a youth clinic nurse

Operational Principles/Mission Statement
We envision a youth focused, youth friendly, youth clinic with important components of confidentiality, respectful treatment, integrated services, culturally appropriate care, free or low cost service and easy access.

Programs Offered
- Birth control at low cost, emergency contraception, STI testing/pap tests, pregnancy testing and counselling, and HPV & Hep B vaccines
- Privacy guaranteed, no appointment required and no adult permission needed

Population Served
Any youth in the Campbell River and surrounding areas

Languages Spoken
English

Hours of Operation
Thursdays: 2:00 - 5:00pm

Current Organizational Partnerships
Vancouver Island Health Authority (VIHA), Sexual Wellness and Support Society of Campbell River (SWAESOCR), and School District #72
Canadian Cancer Society, Campbell River Unit

Unit B - 1423 16th Avenue, Campbell River BC V9W 2E4  
Phone: (250) 286-1955 / Fax: (250) 286-1722  
E-mail: campbellriver@bc.cancer.ca

Directors
- Margaret Lagos  
- Liz Williams  
- Debbie Ross  
- Jeanelle Fischer  
- Linda Larzare

Contact Person
Linda Lazare

Mission Statement
The Canadian Cancer Society is a national, community-based organization of volunteers, whose mission is the eradication of cancer and the enhancement of quality of life of people living with cancer. The Canadian Cancer Society, in partnership with National Institute of Canada, achieves its mission through research, education, patient services, and advocacy for healthy public policy. These efforts are supported by volunteers and staff and funds raised in communities across Canada.

Programs Offered
- Breast Cancer Support Group gets together, multiple Myeloma Support group  
- Transportation-Cancer Van to Victoria and local transportation to cancer related treatments  
- Cancer Connection one-to-one peer support for Cancer Patients  
- Camp Goodtimes  
- Providing funds for research on a cure and preventions and supports the lodges  
- Cancer information line at 1-888-939-3333, website www.cancer.ca  
- Advocacy for healthy living policies to help in prevention  
- Financial Support, money for travel, lodging, prescriptions  
- Practical support, information, wigs, scarves and prosthesis.

Population Served
- People living with cancer  
- Friends, Caregivers and Families  
- General Public (Information and Education)  
- Campbell River and North Island

Languages Spoken
English

Hours
- September – June: Monday – Friday, 11:00am - 3:00pm  
- July – August: Monday – Friday, 11:00am – 1:00pm
Funding Sources

- Donations
- Relay for Life
- Cops for Cancer

Current Organizational Partnerships

- BC Cancer Agencies
- National Cancer Institute of Canada
- Vancouver Island Lodge
Canadian Diabetes Association

Correspondence c/o Nanaimo Branch
255-2000 Island Highway North
Nanaimo, BC  V9S 5W3
Phone (all branches): 1-800-BANTING (226-8464)
Email: info@diabetes.ca

Mission Statement
To promote the health of Canadians through diabetes research, education, service, and advocacy.

Programs Offered
- Educational events
- Support meetings when advertised
- Exhibits
- Symposium
- Cooking for your life!

Population Served
General Public, aged 18-80

Languages Spoken
- English
- Chinese
- French

Hours
When advertised in local papers

Funding Sources
Chinese Auction every October

Committees and Working Groups
Volunteer Centre
City of Campbell River Recreation and Culture 50+ Active Living Programs

Community Centre
401 – 11th Avenue, Campbell River, BC V9W 4G2
Phone: (250) 286-1161 / Fax: (250) 830-0164

Sportsplex
1800 South Alder, Campbell River, BC.
Mailing address: 301 St. Ann’s Road, Campbell River BC V9W 2C1
Phone: (250) 923-7911 / Fax: (250) 923-7921

Recreation & Culture
- Michele Sirett – Supervisor (Community Centre)
- Ross Milnthorp – Manager (City Hall)

Contact Persons – Community Centre
- Linda Moore, Program Coordinator  email: linda.moore@campbellriver.ca
- Judy Ridgway, Programmer  email: judy.ridgway@campbellriver.ca

Mission Statement
* Vibrant * Healthy * Engaged * Recreation for all ages, stages and abilities *

Services Provided
- 50+ Active Living: integrate healthy activities into daily life. The department has accessible facilities for 50+ programs at the Community Centre, the Sportsplex and seasonally at Centennial Pool.
- Membership provides access to approximately 200 different activities per year that promote a lifestyle that values healthy living for the whole person - physically, mentally and socially.
- Activities are FREE if they are led by a volunteer member and programs have REDUCED FEES if they led by paid instructors.
- Membership is $20 per person and is valid January to December, 2013.
- Non members are welcome and pay $2 per visit to drop in activities. For instance, if they are under 50 years of age.
- 50+ Active Living Bulletin is available on the last Tuesday of the month at the Community Centre, Sportsplex, Strathcona Gardens and Sunshine Wellness Centre. Find news about trips, birthday parties, lunches, dances, crafts, sports, events, etc updated each month.
- Our recreation department is inclusive to persons of all ages, stages and abilities. We welcome everyone. Participants may be a young person or a person experiencing physical, financial or mental challenges. Recreation staff help to ensure a worthwhile experience for all, providing guidance, intervention and training as needed.
- Members are encouraged to volunteer as leaders, instructors and to help at fundraisers. There is something for everyone to contribute!
• All volunteers (an average of 200) are registered with the department and require a Criminal Record Check. Applications are available at the Community Centre and Sportsplex office.
• Members who volunteer to be leaders are essential for the operation of FREE drop in activities. Many volunteers help out at special events, decorating, driving, cleaning up, writing cards and a host of behind the scenes support jobs.
• Members volunteer at fundraising events: Spring Plant & Jumble Sale, Fall Christmas Bazaar, Watercolour Painting Show and Sale, Pottery Show and Sale and the Annual Toy & Craft Show as well as on-going Quilt Sales, Knitting & Crochet Sales and other fundraisers. They also donate baking, knitting, quilts and crafts, new items for Auctions and creations from pottery, painting and craft classes to the sales.
• Free drop in activities: Applique, Badminton, Birthday Parties, Bocce, Bridge, Carpet Bowling, Coffee Time, Crafts, Cribbage, Crochet & Knitting, Dance Practise, Deck Shuffleboard, ESL-English Second Language, Euchre, Hand Quilting, Liquid Embroidery, Mah Jong, Mexican Train Dominoes, Pickle Ball, Potluck Dinners, , Scrabble, Singles Bag Lunch, Stamp Club, Table Tennis, Tai Chi.
• Drop-in Programs with fees: Fitness, Monthly Lunch Bunch, Seniors Fitness Consult, Slo-pitch, Trips, Tours
• Partnership contracts with VIHA to help provide access for Integrated Health Network clients in Recreation and Culture programs.
• Partnerships with community non-profit groups such as the Women’s Centre to assist with 50+ Peer Counselling, Literacy Now to assist with Seniors Teaching Seniors Computer Literacy classes, and Diabetes Association to assist with food skills for seniors.

Population Served
All adults aged 50 years and up. All abilities and interests.

Languages Spoken
• English
• Access to interpreters through Multicultural and Immigrant Services Association English Second Language Seniors Group and members with more than one language.

Hours
• Community Centre: Monday-Friday 8:30am – 4:00pm, closed Saturday & Sunday
• Sportsplex: Monday - Friday 8am-8pm, Saturday & Sunday 9am-3 pm
• Facility may be open after hours for programs and events.

Funding Sources
• City of Campbell River Recreation and Culture Department
• Fundraising
• Donations
• Grants
• Membership Fees
• Drop in program fees
• Partnerships and sponsors
City of Campbell River Recreation & Culture - Youth

401 11th Avenue, Campbell River, BC V9W 4G2
Phone: (250) 286-1161 / Fax: (250) 830-0164

Recreation & Culture Supervisor
Michele Sirett (Community Centre)

Contact Person
Meghan Lawley (Community Centre)

Mission Statement
Our goals are to provide a safe, social environment for youth to grow as individuals. We encourage participants to get involved with making decisions and planning activities.

Programs Offered
- Teen Centre Drop-In
- Full range of activities for all stages and abilities
- Seasonal recreation guides are available at many locations
  - The “LIFE” program is available for anyone with financial barriers

Population Served
- Teen Centre for ages 13-18
- Other activities are for everyone

Languages Spoken
English

Hours
- Teen Centre, Friday 7:00pm – 10:30pm FREE
- Office Hours, Monday – Friday: 8:30am - 4:30pm

Funding Sources
- City of Campbell River
- Occasional Fundraisers

Committees and Working Groups
- Access Awareness Committee
- Youth Advisory Committee
- Field User Group
Community Alcohol and Drug Action Committee (C.A.D.A.C.)

C.A.D.A.C. coordinator is based at The John Howard Society of North Island, 201-140A 10th Avenue, Campbell River, BC V9W 4E3, Phone: (250) 286-0611 / Fax: (250) 286-3650
E-mail: crcadac@yahoo.ca
Website: www.cadac.ca

Chair
Mary Catherine Williams – 286-0611 maryc@jhsni.bc.ca

Mission Statement
To work with our community to create a healthy social environment and strategic community response to prevent harm associated with alcohol and drug use in Campbell River.

Programs Offered
• Family Dinners – Community Kitchen (by referral- call Jaime @CR Family Services 287-2421)
• Marijuana Debate – Grade 10 Planning Students – by request
• Gus Papagiannis Bursary – for students continuing on to post-secondary education who chose not to use substances while in high school.

Population Served
Community of Campbell River

Languages Spoken
English

Funding Sources
• National Crime Prevention Centre – Community Mobilization Program
• The John Howard Society of North Island
• Success by 6
• Union of BC Municipalities
• City of Campbell River

Current Organisational Partnerships
• The John Howard Society of North Island
• Ministry of Child and Family Development
• N.I.A.D.A.S.
• City of Campbell River
• School District #72
• RCMP
• Mental Health and Addiction Services
• Public Health
• KDC
• Second Chance Recovery
• Women’s Resource Centre
CLBC is a provincial Crown Agency that engages organizations, companies and individuals across British Columbia to strengthen employment, and create safe and welcoming communities for adults with developmental disabilities. CLBC staff are dedicated and concerned people who strive daily to support the need of adult individuals with developmental disabilities and their families. Individuals are eligible for CLBC services if they are over age 19, and have significantly impaired intellectual functioning that appears before age 18, and impairments in self-help skills. CLBC confirms eligibility through assessments by independent registered psychologists.

On January 31, 2010 a new regulatory amendment took effect expanding the eligibility criteria. The Personalized Supports Initiative (PSI) uses a comprehensive approach that assesses issues of significant limitations in adaptive functioning. Adults with both significant limitations in adaptive functioning and either a diagnosis of Fetal Alcohol Spectrum Disorder (FASD) or a diagnosis of a Pervasive Developmental Disorder (PDD) will be eligible to receive services through the PSI.

Programs & Services:

- CLBC staff provides information, advice and support in assisting eligible individuals to make connections in their community.
- CLBC funds supports and services that adults with developmental disabilities and their families can access through individualized funding, contracted service providers and other specialized support agencies.

Adult Services:

- Family support, including respite and homemaker services.
- Helping to find housing options that encourage independence while meeting a person’s unique needs.
- Connections with community services, including assessment and consultation, to support individuals, families or caregivers.
- Community inclusion supports to help adults with developmental disabilities find work, and build social networks and life skills.

Languages Spoken

English

Funding Source

CLBC is a Crown Agency, operating under the Community Living Act, and governed by a Provincial Board of Directors.
Continuing Education

740 Robron Road, Campbell River, BC V9W 6J7
Phone: (250) 923-4918 / Fax: (250) 923-4932
Email: coned@sd72.bc.ca
Website: www.continuing-education.ca

Programs Offered

- Continuing Education offers adults the opportunity to upgrade existing marks in grade 10-12 courses, complete requirements for high school graduation or complete prerequisite courses for entry into post-secondary training.
- Students can also take a variety of introductory workshops designed to improve computer proficiency.

Languages Spoken

English

Hours

The Centre is open Monday – Friday, 8:30 am to 3:30 pm, September to June

Funding Sources

School District 72
Programs Offered
Gives an opportunity for adults to improve their reading, writing, spelling, grammar and arithmetic skills, and take courses that will count towards the completion of a Dogwood Diploma.

Population Served
Any adult who wishes to improve basic literacy, complete a high-school diploma, or upgrade skills in preparation to enter the workforce or a college program.

Languages Spoken
English

Hours
Monday – Thursday, 8:30 am to 3:30 pm; and Monday and Thursday 3:30 – 8:30 pm

Funding Sources
School District 72
Crisis Nurse (Campbell River Hospital Emergency Department)

375, 2nd Avenue, Campbell River, BC V9W 3V1
(250) 850-2647 / Fax: (250)850-2648

Programs Offered
Provides crisis intervention and stabilization, nursing and clinical assessments, consultation and referral for clients presenting in person, by referral, or via the community crisis line.

Population Served
Any person of any age

Languages Spoken
- English
- Access to interpreter

Hours
365 Days: 9:30am-9:30pm

Funding Source
Vancouver Island Health Authority
Elm Alternate School

In the Robron Centre:
740 Robron Road, Campbell River, BC V9W 6J7
Phone: (250) 923-4936
Email: elm.street@sd72.bc.ca
Website: http://www.sd72.bc.ca(elmstreet

Contact Person
Gerry Wanderjagt

Programs Offered
Gives an opportunity for young adults to obtain a Grade 10 or Grade 11/12 equivalency certificate at their own pace with full-time teachers available for assistance.

Population Served
Any young person between 15 and 19 years old who is unable to meet their educational goals in a regular school environment.

Languages Spoken
English

Hours
- Open from 8:00 am to 3:30, Monday through Thursdays, and Fridays from 8:00 – 12:00 during the school year
- Students come and go on their own schedules as long as they progress with their work and make their minimum hourly contracts

Funding Sources
School District 72
FASD Key Worker

#103 – 301 Dogwood Street, Campbell River, BC V9W 2Y1
Phone: (250) 286-0391 / Fax: (250) 286-0393
Email: jenny.mcleod@cradacl.bc.ca

The FASD Key Worker program is administered by the Campbell River and District Association for Community Living (Executive Director Greg Hill).

Contact Person
Jenny McLeod

Services Provided
- Assists families in understanding FASD or similar complex behavior conditions
- Provides education and information specific to the needs of the child and family
- Provides emotional and practical support to families
- Provides Community education and awareness on FASD

Referral
- Open referral process, including referrals from parents, caregivers, physicians, nurses, preschool or child care staff, support staff

Population Served
- Parents and caregivers with children from 0-19
- Diagnoses of FASD, suspected of having FASD, or a similar Complex Behavioural Disorder
- Serving families from Campbell River to Oyster River, Gold River, Tahsis, Sayward, Quadra and Cortes Islands.

Languages Spoken
- English

Hours
- Monday to Friday, 8:30 am – 4 pm

Funding Source
- Ministry of Children and Family Development

Committees and Working Groups
- Campbell River Community Addictions Dialogue and Action Committee (CADAC)
Food Bank

- 1393 Marwalk (at 14th) (food door on 14th), Campbell River
  Phone: (250) 286-3226

Administrators
Anne and George Minosky

Programs Offered
- Registration: Population served must register with the Food Bank first, with identification (Driver’s License or BC Care Card) and proof of address. Children must have a BC Care Card.
- Food distribution
- Drop-in soup, bread and butter Monday + Friday, 11:00am – 1:00pm.

Population Served
People on limited income, hungry or in an emergency situation. The population served must live in the geographic region stretching from Oyster Bay to Sayward.

Languages Spoken
- English

Hours
- Monday - Friday: 11:00am – 1:00pm (drop in meals and registration)
- First 3 Wednesdays of the month: 12:00pm – 3:00pm (food distribution)

Funding Sources
- Public Donations
- BC Sharing Program
- Bingo
- Food from some of the stores
Foster Parent Support Services Society – Upper Island

#106-301 Dogwood Street, Campbell River, BC V9W 2Y1
Phone: (250) 286-0555 / Fax: (250) 286-0545
Website: www.fpsss.com or www.fosterhope.ca
E-mail: uicoordinator@shaw.ca

Upper Island Coordinator
Judy Hollywood Bonnett

Mission Statement
The FPSS Society is a Grass Roots organization committee to providing meaningful and accessible support, education and networking services which will continually enhance the skills and abilities of Foster Parents to deliver the best care possible to the children in their homes.

Programs Offered
Working cooperatively with the MCFD, Vancouver Island Foster Parents and community partners, the FPSS Society has the following services:
- Peer Support Groups
- Protocol Support Team
- Mentoring Program
- The Island Connection: 5 newsletters annually for Foster Parents free of charge
- Area Coordinator: Assists Foster Parents obtain current and accurate information, provides support services including training opportunities and development to enhance skills
- On-going training
- B.C. Foster Care Education Program: Mandatory training consists of 14 modules which including topics on communication skills, effects of caregiving, child and youth development, attachment, separation and loss, child abuse and neglect, guiding behaviour of children and youth, substance misuse, cultural responsiveness, aboriginal children in care, FAS/FAE/NAS and suicide awareness.

Languages Spoken
- English

Hours
- Monday – Thursday: 9:00am – 1:30pm
- Closed weekend and statutory holidays

Funding Source
Ministry of Children and Family Development
Homalco Indian Band

1218 Bute Crescent, Campbell River, BC V9H 1G5
(250) 923-4979 / Fax: (250) 923-4987

Director
Alison Trenholm

Programs Offered
- Drug and Alcohol Counselling
- Alcoholics Anonymous, Tuesdays: 8:00pm – 9:00pm
- Referrals to treatment
- Aftercare
- Preventative workshops

Population Served
Homalco Community Members

Languages Spoken
- English
- Coast Salish

Hours
Monday – Friday: 8:30am – 12, 1pm - 4:30pm

Current Organizational Partnerships
Laichwiltach Family Life Society
Hope Outreach Society

#7-2240 Fearon Rd., Campbell River B.C. V9H-1C7
Phone: (250) 923-1426 or (250) 923-3186; Email: beaoleary@gmail.com

Contact Person
- Betty O’Leary, Director
- Denise Monaco, Director

Operational Principals
- To bring the necessities of life, ie. Food, clothing, blankets, outdoor living equipment for camps, toiletries and other needs.
- Education and support in navigating the social system.
- Loving non-judgemental acceptance of people’s humanity and a celebration of life as our brothers and sisters in our family of life.

Programs Offered
- Support in attending court proceedings and A.A meetings.
- Referral to those social agencies equipped to help with personal problems or addictions and housing.
- Health education and agency referral.

Population Served
All people of all ages, races and creeds who are homeless, living in poverty and those who are hungry.

Languages Spoken
English

Hours of Operation
- Wednesday and Thursday: 2pm-3:30pm.
- Mondays and Tuesdays at the same times due to income assistance week (behind the old Super Valu building in the Tyee Plaza).

Funding Sources
Fundraisers, hotdog sales, bake sales and the kindness of private donations.
The John Howard Society of North Island

201 - 140A 10th Avenue, Campbell River, BC V9W 4E3
Phone: (250) 286-0611 / Fax: (250) 286-3650
E-mail: mail@jhsni.bc.ca
Website: www.jhsni.bc.ca

Executive Director
Wendy Richardson

Mission Statement
To promote and foster safer and healthier communities by providing appropriate programs for rehabilitation, education, prevention and healing for those who need an opportunity to achieve, maintain or regain a balance within their community.

Youth and Family Programs Offered in Campbell River

Assessment and Treatment
Youth Forensic Services: Assesses & treats youth involved in the criminal justice system, within the context of their family & community, to decrease offending behaviour. Provides coordination of community treatment-release plans for young offenders.

Counselling and Support
- Caregiver Support Program: Provides behavioural consultation support to foster parents referred by the Ministry of Children and Family Development.
- Youth/Parent Mediation: Provides crisis intervention, mediation, counselling and conflict resolution to teens and their families, as well as parent education courses.
- Supported Independent Living for Youth: Assists youth to explore options when they are living away from home. Provides advocacy, support, life skills, education, employment readiness, and counselling to youth living independently. Includes the Barnett House Transitional Youth Housing complex.
- Youth and Family Substance Use Services: Alcohol and Drug counselling services for youth, offering assessment; individual, group and family counselling; treatment, and follow-up support.
- 180 Degrees Detox and Stabilization: Provides service to youth who are in the process of withdrawal from drugs and alcohol. Youth reside in John Howard Society family care homes for detox and stabilization.
- Collaborative Planning Program: Facilitates a shared decision-making process for families and youth through family group conferences, family case planning meetings and / or youth transition conferences. Families and youth may request services.

Development and Outreach
Youth Alcohol and Drug Outreach: provides an outreach service (including after hours) for youth. Reduces high risk behaviours by assisting youth to access needed services and healthy activities.

Intervention
KidStart Volunteer Mentoring Program: A mentoring program for vulnerable children and youth ages 6-18, delivered by carefully screened and trained volunteers. Mentors provide positive role modeling through a recreationally-based friendship.
Supervision
Intensive Support and Supervision: Provides support and supervision to assist high risk youth referred by a Probation Officer. Assists youth on probation to make healthier lifestyle choices through; short or long term individual / family support, assessment and referral to other community agencies, advocacy, crisis intervention, case planning, and management.

Youth Full-Time Attendance
- Headstart Program: a six month full time attendance program designed to meet individual needs of male youth ages 14 – 18. Youth reside in John Howard Society family care.
- Oasis Program: a six month full time attendance program tailored to meet the individual needs of female youth ages 14 – 18. Youth reside in John Howard Society family care homes.

Adult Programs Offered in Campbell River
Community Living BC Outreach; an individualized approach to providing supports to eligible adults. Supports include establishing community connections, life skills, home management, relationship building, management of health issues, and personal safety.

Other Services
- Adult Forensic Outreach: provides outreach support to mentally disordered offenders and those found not criminally responsible with a goal to decrease risk factors and enhance stabilization in their community. Where needed and appropriate assists with activities of daily living and encourages independence in areas such as cooking, financial management, hygiene, shopping, making and keeping appointments
- Intake: Information, referral service, and immediate counselling are available to ex-offenders and families who approach the Society.

Population Served
Youth, children, adults, and families with diverse needs.

Languages Spoken
- English

Hours
- Monday to Friday: 8:30am - 4:30pm
- Closed 12:00pm - 1:00pm each day for lunch

Funding Sources
- Ministry of Children and Family Development
- Vancouver Island Health Authority
- Ministry of Health
- Forensic Psychiatric Services Society
- Donations and grants – foundations, private and corporate
- Province of BC Gaming
- Community Living BC
- Fundraising events
Junior Alternate Program

740 Robron Road, Campbell River, BC V9W 6J7
Phone: (250) 923-4918

Contact
Kate Gigiel

Programs Offered
Supported schooling for students not able to attend other schools for a variety of reasons. Students in the Junior Alternate Program are often transitional, as they are on their way to or from a program for a temporary period of time, or are preparing to re-enter school. Students in the program are supported by the teacher, who provides both counselling and instruction.

Population Served
Students who have been directed to attend because they are on long-term suspensions for school-related misbehaviour; students who are chronically ill and unable to attend school; discouraged learners with school phobias, anxiety disorders, histories of social conflicts and deeply embedded defence mechanisms; and students who are mentally ill.

Languages Spoken
English

Funding Sources
School District 72
Kwakiutl District Council Health (KDC Health)

- 1400 A Drake Road, Campbell River, BC V9W 7K6

Phone: (250) 286-9766 / Toll free: 1-866-286-9766 / Fax: (250) 286-9713

Cape Mudge: (250) 285-3316 / Comox: (250) 339-6591/Quinsam: (250) 286-8064 / Fort Rupert: (250) 949-6625

E-mail: admin@kdchealth.com

Health Director

Phyllis Jorgensen

Vision Statement

A community living in harmony (balance) with oneself and one’s neighbour achieving a safe and holistic (addressing the physical, mental, emotional and spiritual) state of well being that includes embracing and celebrating community traditional beliefs and practices.

Mission Statement

The mission statement is based on the traditional value and belief that our purpose in life is about “servitude” or “helping our people.” In order for us to fulfil that role, it requires us, individually, to be the best leader that we can be, in order to truly be in the place of “helping our people.” This is the cornerstone or foundation of our way of life – the potlatch. The mission statement is further based on the belief that we respect and honour people and deliver services and programs maintaining the dignity of the people we work with.

Programs Offered

Community Health Representative

- Meetings and workshops aimed at promoting health and preventing health problems
- Education for community members regarding: maintenance of wellness, communicable diseases, their causes and how to prevent them, maintaining a safe and healthy physical environment, environmental issues, mental health issues
- Education for groups and/or individuals of all ages regarding ways to achieve and maintain good health in the areas of: nutrition, dental hygiene, pre and post natal, parenting skills, accident prevention, stress management, growth and development for infants and children
- Home visits for elders, pre/post natal, people living with diabetes, arthritis, and other chronic illnesses
- Support, first aid and referrals for counselling at special community events such as funerals, cultural and recreational activities
- Referrals to appropriate programs

Home and Community Care Program

- Assessments
- Case Management
- Home care nursing
- Personal care
- Home support
- In home respite services
Precious Beginnings Program

- A program based on mentoring of women at risk
- Mentors are well-connected to the communities and provide long-term support, practical assistance and advocacy for women who are making fundamental changes in their lives
- The program serves high-risk women using alcohol and/or drugs during pregnancy and their families
- Eligible women live in the KDC Member Nation communities of Kwakuitl, Mamalilikulla, Da’naxda’xw, We Wai Kum, Kwiakah, and Komox Nations

Community Health Nursing

- Infant and preschool immunization
- Immunization of Adults
- Yearly flu and pneumococcal immunization clinics
- Health promotion and disease prevention to the community
- Communicable disease prevention and follow up
- Emergency preparedness and disaster planning
- Community nutrition
- Prenatal education
- Head Start and school hearing and vision screening
- Regular checkups of well elders and well chronic disease clients

Clinical Counselling

- Individual therapy, Marital and family counselling, Parenting, Mediation and conflict resolution, Dealing with issues of abuse, Grief and loss recovery, Communication, Anger management, Domestic violence, Stress anxiety and depression, Alcohol and Drug counselling, Self Esteem, Personal growth, Educational classes

Community Counsellors

- Brief intervention and counselling
- Alcohol and drug counselling
- Screening and assessments
- Referrals to treatment centers
- Treatment follow up
- Support groups and workshops
- Education and information
- Community prevention
- Celebrating sobriety events

Nutrition Services

- “Healthy Eating Can Be Fun” Interactive nutritious lunch program offered in Band Daycare and Head Start
- Nutritious teachings and games – Band Daycare and Head Start
- Diabetes luncheon and workshops
- Youth workshops
- Diet analysis
- Nutrition resources
- Grocery store tours
• Community garden projects
• Community kitchen projects
• Monthly workshops
• Individual client consultation (Diabetes, cholesterol, heart health, weight management, prenatal nutrition, arthritis, dietary supplements and gastrointestinal diseases)

**Population Served**
Kwakiutl District Council member First Nations on reserve

**Languages Spoken**
• English

**Hours**
Monday – Friday: 8:30am – 4:30pm

**Funding Sources**
Health Canada

**Current Organizational Partnerships**
• Vancouver Island Health Authority
• Chiefs Health Committee
• Inter Tribal Health Authority
• Laichwiltach Family Life Society
• Community Health Associates of BC

**Committees and Working Groups**
• C.A.D.A.C.
• FASD Community Action Network Alcohol and Drug Network Committee
• Alcohol and Drug Network Committee

*Please note that this entry was last updated February 2011*
Laichwiltach Family Life Society

441 – 4th Avenue, Campbell River BC V9W 3W7
Phone: (250) 286-3430 / Toll free: 1-877-777-8222 / Fax: (250) 286-3483
E-mail: lfls@shawbiz.ca

Executive Director/ Administrator
Audrey Wilson

Front Desk Receptionist
Carolin Laughington

Mission Statement
To empower and promote healing, in our communities from a First Nations perspective for all people of native ancestry in unity.

Programs

Q’wallayuw Head Start Program
Coordinator for AHS: Lorraine Kok 250-286-3044 or 250-286-3067
• A pre-school readiness program that emphasizes cultural heritage and supports our children’s enhancement in the social, intellectual, physical and emotional development areas.
• Children must be 3 years old by December 31st, fully toilet trained and of First Nations Ancestry
• Monday - Thursday: 9:00am - 11:00am (3 year olds)
• Monday - Thursday: 12:00pm - 2:30pm (4 year olds)

Little Fry Group Care and Toddler Centre
Coordinator: Maylene Inrig 250-286-3466
Toddler care: 18 months by December 31st
Group care: 30 months to school age
• Priority given to parents who are in school or working
• Fees for group or toddler care (talk with Coordinator on costs)
• Application forms are available at main office
• Hours are 8:30am-4:00pm

Anger Management Program
Counsellor: Josey Wells Ext 120
Goal: To create a safe environment where individuals can be provided with information to develop the mind and explore their thoughts and feelings, combined with a cultural component.
• One-on-one sessions (home or office) for individuals, families and youth, on or off reserve in the area
• Community outreach
• Interagency networking

Family Therapy
Therapist: Ronda MacKenzie-Cooper Ext 115
• Family counseling
• Couples counseling
• Individual counseling for adults, children and youth
• Specializing in Family Violence; Grief and loss; Trauma
• Counseling that is holistic and strength based

Youth Counsellor
Caley English Ext 118
We offer safe, supportive and non-judgemental environment for youth ages 11-24yrs.
• Assessments
• Referrals
• One to One Counselling
• Skill Building
• Support

Family Support Program
Debbie Weir Ext 105 and Mandy Dixson Ext 107 Josey Wells Ext 106
• Supervised visits (full or semi) in co-operation with the family, foster parents and social worker; respecting and understanding traditional beliefs and needs of aboriginal families.
• Information on community resources, e.g. budgeting and housing
• Transportation to and from the Campbell River Food Bank. We leave Laichwiltach Family Life Society at 11:30am, for those who regularly attend programs, counselling or groups
• Liaison with MCFD, lawyers, doctors, etc
• Advocacy
• Family Outreach

Community Action Program for Children (CAPC)
Coordinator: Nadine McGee Ext 122
• Goal: To have programs compatible for families with children who are looking for groups and activities such as: support and information related to child development, parenting, self care, communication and relationships
• Educational and activity sessions, Tuesdays: 11:00am - 12:30pm
• Creating Healthier Families Group: An open drop-in circle focusing on traditional child-rearing practices, providing support while breaking some of the negative generation cycles that began in residential school, Thursdays: 11:00am – 12:30pm
• Doula services available to clients and participants of Laichwiltach Family life or surrounding nations. A doula is a birth support to mom and family supporting labour and delivery. Please call for more information.

Addictions Recovery Program
Addictions Recovery Counsellor: Larry Kobbyl Ext 119
• One on one counselling
• Assessment and referral
• Aftercare planning and support
• Support group meetings, Wednesday nights: 7:00pm - 9:00pm

Trauma Recovery and Sexual Abuse Program
Counsellor: Doreen Stobbe Ext 116
- Steps to healing, “CERTS” for healthy, positive sexuality. One on one counselling for children and adults.

Rekindling the Spirit of Our Elders Program

Elder Worker: TBA
Provide day program once week on Wednesday from 11:00 – 2:00
- Outreach support and services.

STV Outreach Program for Campbell River & Gold River

Campbell River Outreach Worker: Mandy Dixon Ext 106
Gold River Outreach Worker: Carol Donaldson
- Provides support to women & children
- Provides transportation to and from services e.g. transition house, court etc.
- Provides educational sessions in community
- Do referrals to agencies in the communities
This program is open to all women, not just aboriginal women

Aboriginal Infant Development Program Services

Coordinator: Corrine Sagmeister
AIDP Consultant: Kasandra McArthur Ext 134
- Provides culturally sensitive support for Aboriginal families and infants who are at risk or have developmental delays.
- Provides services for children from birth to 6
- Home visits, group programs, educational programs
- Developmental screening and assessments
- Referrals
- Parenting support and education services
- Parenting programs
- Nutritional education

Aboriginal Supported Child Development

Consultant: Annette Vivier 250-286-3430 Ext 132
Consultant & Intake Worker, Maylene Inrig Ext 131
- Provides intervention and support in child care settings during the early stages of development.
- Enables children who require extra supports to be included in child care settings.
- Provides services to children with developmental delays, including communication, speech and language delays, fine motor and gross motor delays, cognitive delays, and social/emotional/behavioural delays.
- Individual service planning, assistance with resources, support, consultation, training and service coordination.

Speech and Language Therapy

SLP worker: Gayle MacLean Ext 135, gaylem_slp@shaw.ca
- For Aboriginal children ages 0 – 6
OT worker: Cara Covas Ext 133, carac_ot@shaw.ca
- For Aboriginal children ages 0-6

**Population Served**
- All families of Native Ancestry – men, women, youth, elders
- Métis, Status and Non-Status Native Peoples and their families

**Languages Spoken**
- English

**Hours**
- Monday to Friday: 8:30am - 4:30pm
- Weekends and stat holidays - Closed

**Funding Sources**
- Federal
- Public Health Agency
- Province of BC
- VIHA
- Bands/Tribal Council
- Other Foundations

**Current Organizational Partnerships**
- Kwakiutl District Health Programs
- Cape Mudge Band
- Comox Band
- Mamalilikulla Qwe’qwa’ Sot Em’Band
- Sasamans Society

**Committees and Working Groups**
- Community Visioning Committee
- Success by 6
- FASE Committee
- Supported Child Care Committee
- AIDP committee
- Family Violence Steering Committee
Legal Aid

1261 Ironwood Street, Campbell River, BC V9W 5T4
(located in the Advocacy Services Centre)
Phone: (250) 287-9521 / Fax: (250) 287-9529
Websites: www.lss.bc.ca, www.familylaw.lss.bc.ca

Director
Douglas Marion

Programs Offered
- Information about legal problems
- Legal Services Society may be able to pay for a lawyer for you

Population Served
The Legal Services Society will pay for a legal aid lawyer for you if:
- Your problem is covered by legal aid rules
- You have no other way of getting legal help
- You have very few assets and a low income (less than the limits set in the legal aid guidelines)

Languages Spoken
- English

Hours
- Monday: Campbell River Courthouse Intake (a.m.)
- Tuesday: Courtenay Office - 9:00am-11:00am and 1:00pm-3:00pm
- Wednesday: Campbell River Office - 9:00am-11:00am and 1:00pm-3:00pm
- Thursday: Courtenay Courthouse Intake (am); Courtenay Office - 1:00pm – 3:00pm
- Friday: Campbell River Office from 9:00am – 11:00 am and 1:00pm – 3:00pm

Intake Hours
- Wednesday: Campbell River Office: 9:00am – 11:00am, 1:00pm – 3:00pm
- Friday: Campbell River Office: 9:00am – 11:00am, 1:00pm – 3:00pm
- No Appointment needed
- Please bring
  - Proof of Income
  - Any papers you have been served with

Funding Sources
Legal Services Society of BC

Current Organizational Partnerships
Legal Services Society of BC contracts out to Legal Aid
M’akola Leasehold Housing Society

47A 300 Robron Road, Campbell River, BC V9W 5P2
Phone: (250) 923-4145 / Fax: (250) 923-2597
Website: www.makola.bc.ca

Executive Director
Kevin Albers

Contact Person
Pam Black (Regional Property Manager): (250) 923-4145

Operating Principles
The purpose of the Society is to operate exclusively as a charitable organization in the acquisition and management of rental housing projects, primarily (but not exclusively) for low-income people of First Nations ancestry.

Population Served
Families, Seniors, Handicapped persons of low income

Languages Spoken
- English

Hours
- Regular Hours: Monday – Friday, 9:00am - 4:00pm
- Summer Hours (Until August 31, 2007): Monday – Friday, 8:00am – 3:00pm
Mental Health and Addiction Services
207-1040 Shoppers Row, Campbell River, BC V9W 2C6
Phone: (250) 850-2620 / Fax: (250) 850-2464
Crisis Line: 1-888-494-3888
Website: http://www.viha.ca/mhas

Contact Person
Intake/Appointments (250) 850-2620

Area Manager
John Fitzgerald

VIHA’s Mission Statement
Serving and involving the people of the Islands to maintain and improve health.

Adult Mental Health & Addiction Services
- Assessment
- Treatment: individual, case management and/or group
- Psychiatric consultation
- Medication assessment & management
- Educational and therapeutic groups
- Individual and group counselling
- A range of psycho-social rehabilitation programs and services
- Residential Programs (Family Care Homes, subsidized housing)
- Family support
- Peer support
- Community education and consultation
- Community lending library

Population Served
Adults or family members who are over 19 and up to 65 years of age with mental health or substance addiction concerns

Languages Spoken
- English (Interpreters available upon request)

Hours
8:30am - 4:30pm Monday to Friday – closed for lunch (12:00pm to 1:00pm)

Funding Sources
Vancouver Island Health Authority

Committees and Working Groups
We work with a wide range of community, island-wide, provincial and federal groups, agencies and services. We welcome partnerships.
Columbia Coast Medical Services - Methadone Clinic

1371B Cedar St. Campbell River, BC
Mail: Box 781, Stn A, Campbell River, BC V9W 6Y4
Phone: (250) 287-4822 / Fax: (250) 287-4852
Email: ccas@telus.net

Doctor: Dr. Margaret Jane Clelland
Counsellor: Carol Dwyer

Programs Offered

- Medical management for opiate dependency using a variety of medical interventions including methadone and medically supervised detox.
- Counselling
- Methadone Maintenance
- Long term pain assistance

Population Served
Those addicted to opiates who want to stop using

Languages Spoken
- English

Hours
- Office: Monday – Friday: 10:00am – 3:00pm
- Various clinic days: call for times

Funding Sources
Patients pay $60 per month

Please note that this entry was last updated February 2011
Ministry of Children and Family Development – Central/North Island Adoption Team

929 Ironwood Road, Campbell River, BC V9W 3E5
Phone: (250) 286-7542 / Fax: (250) 286-7557

Management
• Curtis Cameron, Community Services Manager
• Caren Van Der Mark, Team Leader

Mission Statement
• The Ministry of Children and Family Development must ensure a child-centered, integrated approach that promotes and protects the health development of children and youth while recognizing their lifelong attachment to family.
• Communities and clients must be an integral part of the work of this Ministry.
• Quality assurance, accountability and openness are fundamental to its success.

Programs Offered
Adoption

Population Served
• Children and youth ages 0 – 19
• Potential/existing adoptive parents/families

Languages Spoken
• English

Hours
• Monday – Friday: 9:00 am – 12:00 noon. 1:00 pm - 4:00pm
• After Hours Helpline for Children: 310-1234

Funding Sources
Provincial Government

Current Organizational Partnerships
• Adoptive Families Association of BC
• Choices Adoption & Counselling Services
• Hope Pregnancy & Adoption Services
• Sunrise Adoption Agency
Ministry of Children and Family Development – Child and Youth Mental Health

215-1180 Ironwood Road, Campbell River, BC V9W 5P7
Phone: (250) 830-6500 / Fax: (250) 286-7706

Management
• Patti Tooke, Community Services Manager
• Heather Simpson, Team Leader

Mission Statement
MCFD envisions a province where vulnerable children and youth are healthy and safe in their families and communities; where children and youth, including those with special needs, are supported to achieve their full potential; and children, youth, and their families are served by accountable and responsive community-based service delivery systems.

Programs Offered
• Assessment, treatment and consultation
• Referral and liaison with other Mental Health services including child and adolescent psychiatry, paediatrics, Queen Alexandra Centre for Children, St. Joseph’s Hospital and Maples Adolescent Treatment Centre and Mental Health and Addictions (adult)
• Quick Response/Suicide Prevention Clinician (when staffing permits)
• North Central Vancouver Island Aboriginal Outreach Program – located at Robron Centre (geographical area includes Campbell River and south to Courtenay/Comox)

Population Served
• Families, children, and youth ages 0-19 with significant mental health difficulties including: life threatening behaviour, depression, anxiety, thought disorders, psychosis and consultations regarding severe behaviour disorders.
• General school population – Prevention activities, presentations about anxiety and depression, and depression information and screening week (when staffing permits).

Languages Spoken
• English
• Translation service available upon request

Hours
Monday – Friday: 9:00 am – 12:00 noon. 1:00 pm - 4:00pm

Funding Sources
Provincial Government

Current Organizational Partnerships
• Campbell River Family Services Society
• School Psychologists/counsellors – School District #72
• Paediatricians and local physicians
• Mental Health and Addiction Services (adult)
• Transition House
• The John Howard Society of North Island
• Crisis Nurses/Hospitals
• Aboriginal Elders Advising Group
• KDC
• Homalco Band
• Klahoose Band
• Queen Alexandra Centre for Children
• Maples Adolescent Treatment Centre
• Supported Child Development
• Social Workers (MCFD)
• Youth Probation
• BC Schizophrenia Society

**Committees and Working Groups**

• Children’s Interagency Committee
• Advisory Committee for Sunrise Resources
• Early Intervention Youth Transition
• Agencies for Suicide Prevention (ASAP)
• Sunrise/Infant development program advisory
• Early Psychosis Intervention
• Complex Developmental Behavioural Conditions
• Campbell River Sexual Exploitation Action Team
• Depression and Anxiety Education Screening Day
• Behavioural Consultant Program
• Threat Assessment Committee
• Campbell River Critical Incident Response Protocol Committee
• Early Childhood Behavioural Consultant Advisory Committee
• Working groups: CAVE (Courtenay/Comox); CRAVE (Campbell River)
• Campbell River Aboriginal Health Working Group
• Campbell River Services for Youth (School Counsellors, Crisis Nurse, Youth Social Worker(s) CYMH)
Ministry of Children and Family Development – Infant and Child Services

929 Ironwood Road, Campbell River, BC V9W 3E5
Phone: (250) 286-7542 / Fax: (250) 286-7557

Management

• Patti Tooke, Community Services Manager
• Eileen Stevens, Child and Family Services Team Leader
• Debi Van Voorst, Acting Intake & Investigation Team Leader

Mission Statement

• The Ministry of Children and Family Development must ensure a child-centered, integrated approach that promotes and protects the health development of children and youth while recognizing their lifelong attachment to family.
• Communities and clients must be an integral part of the work of this Ministry.
• Quality assurance, accountability and openness are fundamental to its success.

Programs Offered

• Voluntary Family Support Services – Assessments and Referrals
• Protective Family Services/Family Development Response
• Infant and Child Services
• Child Protection
• Family Group Conferences

Population Served

Families with children aged 0-13

Languages Spoken

• English

Hours

• Monday – Friday: 9:00 am – 12:00 noon. 1:00 pm - 4:00pm

Should you have a child protection emergency in which a child is at immediate, urgent risk outside of daytime office hours please call:

For children between 0 – 12 years of age: (250) 203-6287
For children between 13 – 18 years of age: (250) 203-2195
The After Hours Helpline for Children: 310-1234

Funding Sources

Provincial Government

Current Organizational Partnerships

Working from an Integrated Case Management Model, the Ministry works in partnership with various agencies and community members, such as:
- Family Services Society
- Infant Development Program – Sunrise Resources
- Laichwiltach Family Services
- Multicultural Society
- CADAC
Mission Statement

- The Ministry of Children and Family Development must ensure a child-centered, integrated approach that promotes and protects the health development of children and youth while recognizing their lifelong attachment to family.
- Communities and clients must be an integral part of the work of this Ministry.
- Quality assurance, accountability and openness are fundamental to its success.

Programs Offered

- Child and youth special needs services (including the At Home Program and Autism Services)
- Foster home recruitment and support
- Guardianship
- Extended Family Program

Population Served

- Families, children, and Youth ages 0 – 19
- Foster Families
- Children and Youth with Special Needs 0 -19

Languages Spoken

- English

Hours

- Monday – Friday: 9:00 am – 12:00 noon. 1:00 pm - 4:00pm

Should you have a child protection emergency in which a child is at immediate, urgent risk outside of daytime office hours please call:
- For children between 0 – 12 years of age: (250) 203-6287
- For children between 13 – 18 years of age: (250) 203-2195
- The After Hours Helpline for Children: 310-1234

Funding Sources

- Provincial Government

Current Organizational Partnerships

- The John Howard Society of North Island
- Family Services Society
- N.T.C. – U.S.M.A
- Ministry of Education
• Vancouver Island Foster Parent Support Services
• Community Living BC
• Many Nations
• Campbell River and District Association for Community Living
• Ministry of Health
• Laichwiltach Family Life
Ministry of Children and Family Development – Youth Services

215-1180 Ironwood Road, Campbell River, BC V9W 5P7
Phone: (250) 830-6500 / Fax: (250) 286-7706

Management
- Patti Tooke, Community Services Manager
- Susan Bradshaw, Team Leader
- Curtis Cameron, CYSN Manager
- Michelle Wywrot, Provincial Project Manager of Post Majority Support (Resides at 929 Ironwood Road, C.R., serving youth ages 16-24)

Mission Statement
- The Ministry of Children and Family Development must ensure a child-centered, integrated approach that promotes and protects the health development of children and youth while recognizing their lifelong attachment to family.
- Communities and clients must be an integral part of the work of this Ministry.
- Quality assurance, accountability and openness are fundamental to its success.

Programs Offered
- Family and Youth Support Services
- Protection Services for Youth/Family Development Response
- Probation and Youth supervision and support
- Guardianship
- Family Group Conference

Population Served
- Families and Youth ages 14 – 19
- Youth under the Criminal Justice Act

Languages Spoken
- English

Hours
- Monday – Friday: 9:00 am – 12:00 noon. 1:00 pm - 4:00pm

Should you have a child protection emergency in which a child is at immediate, urgent risk outside of daytime office hours please call:
For children between 0 – 12 years of age: (250) 203-6287
For children between 13 – 18 years of age: (250) 203-2195
The After Hours Helpline for Children: 310-1234

Funding Sources
Provincial Government
Current Organizational Partnerships

- The John Howard Society of North Island
- Laichwiltach Family Life Society
- Campbell River Family Services
- School District #72
- Ministry of Social Development
Ministry of Social Development

833A, 14th Avenue, Campbell River, BC V9W 4H3
1-866-866-0800 / Fax: (250) 286-7712

Contact Persons

- Jean McDonald, Assistant Supervisor
- Maureen Boulter, Supervisor of Admin Support
- Peta Poulton, Supervisor

Mission Statement
The Ministry of Social Development provides services that move people towards sustainable employment and assists individuals and families in need.

Programs Offered

- Employment and Assistance Benefits
- Employment and Assistance for Persons with Disabilities
- Family Maintenance Program
- Burials

Languages Spoken

- English
- French
- Local interpreters (CRMISA)

Hours
Monday – Friday: 9:00am – 4:00pm, except cheque (Wednesday and Thursday of cheque issue week) days 8:30am – 4:30pm
Operating Principles

- NA is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership: the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work (reprinted from the White Booklet Narcotics Anonymous).
- NA is not affiliated with any Church, Community Centre or other institution.

Programs Offered

12-Step self-help groups

- Monday Men’s (Open Meeting): 7:00pm at 1381 Cedar St.
- Wednesday (Open Meeting): 7:30pm, at #207-1040 Shoppers Row (Mental Health and Addictions Office)
- Saturday Last Chance (Open Meeting): 7:00pm at 1381 Cedar St.
- Sunday Sharon & Care (Open Group): 7:30pm at # 310- 10th Ave Alano Club

Population Served

Anyone who thinks they have a drug problem and has the desire to stop using.

Languages Spoken

- English

Funding Sources

Fully self-supporting through Narcotics Anonymous members.
North Island Alcohol/Drug Information and Education Society (NADIS)

- 910C Island Highway, Campbell River, BC V9W 2C3
- Phone: (250) 287-4771 / Fax: (250) 286-1936  E-mail: nadis@crnfp.net
- Website: www.nadis.ca

- Michelle Guenther: Administrator
- Carol-Ann Dwyer: President
- Blair McLean: Vice-President

Mission Statement
NADIS provides information and resources to help people make informed choices regarding the use of alcohol and other drugs.

Programs Offered
- Extensive video/DVD lending library of substance abuse and recovery materials, available to the community at large
- Gather and provide new materials on substance abuse prevention and early intervention

Population Served
- School District #72 Grade 2 – 12
- Multiple Agencies within Campbell River
- Individuals and Families in the Community
- Communities from Vancouver Island

Languages Spoken – English

Hours
- Monday – Thursday: 10:00am – 3:00pm, except holidays
- Other times by appointment

Funding Sources
- Gaming Revenue
- Community Clubs and Organizations
- Community Corporations
- Individual donations

Current Organizational Partnerships
We actively cooperate with School District #72 to provide resources and materials for substance abuse prevention

Committees and Working Groups
- CADAC
- CRSEAT
- Alcohol and Drug Resources Network
- Member of Alcohol and Drug Service Providers
North Island Employment - (NIEFS)

Campbell River
870C 13th Avenue, BC V9W 4H2
Phone: (250) 286-3441 / Fax: (250) 286-3447 Toll free: 1-866-286-6788
Email: info@niefs.net

Port Hardy
PO Box 74, 129-8950 Granville Street, BC V0N 2P0
Phone (250) 949-5736 / Fax (250) 949-5797 Toll free: 1877 949 5736
Email: phinfo@niefs.net

Website
www.niefs.net

Director
Doug Preston

Mission Statement
To assist those in need with the development of skills that will enable them to find and hold employment in an ever-changing world.

Programs Offered in Campbell River, Port Hardy & across the North Island
NIEFS is the major employment agency for Northern Vancouver Island and your one-stop WorkBC Employment Service Centre. As a leader in workforce development we provide services to over 5000 job seekers and 500 companies annually. We have been actively connecting employers with workers since 1986.

Job Seeker Assistance
- Employment services that assist North Islanders to develop a plan, the skills and supports they need to get back to work or enter the workforce.
- A range of employment related workshops.
- Drop-in Work Support Centre, labour market information, Internet computer lab and resource library.
- Assistance with attaining work experience and/or training supports for eligible clients.
- Online employment services for rural and remote communities on North Vancouver Island.
- Small Business & Employee Training incentive program
- Wage subsidies for eligible clients

Employer Assistance
- Our aim is to connect employers to the right workers, with the right skills, when they are needed. NIEFS offers a full suite of employer services including:
- Job Postings available on our website, local TV, and in our employment center.
- Hosting Hiring/Career Fairs and Employer Forums.
• Confidential resume collection service.
• Private office space for interviews and/or meetings.
• Labour market information and resources.
• Targeted Skills Shortage Program (TSSP) for eligible employers and employees.
• Wage subsidies for eligible clients

**Population Served**

- Unemployed Canadians who reside in Campbell River or on the North Island including: Aboriginal peoples, immigrants, persons with disabilities, rural and remote populations, multi-barri ered individuals, survivors of violence and/or abuse, and youth.

- NIEFS also assists employers find the right people, with the right skills at the right time.

**Languages Spoken**

- English
- 2 staff are fluent in French

**Hours**

Monday – Friday: 8:30am – 4:30pm

**Funding Sources**

- Service Canada
- Province of British Columbia

**Current Organizational Partnerships**

NIEFS has multiple partnerships with community economic development organizations, educational organizations, social service organizations, First Nations organizations and employment organizations in Campbell River and throughout Vancouver Island.
North Island Family Justice Centre

(Ministry of Attorney General)
128 – 1180 Ironwood Street, Campbell River, BC V9W 5P7
Phone: (250) 286-7527 / Fax: (250) 286-7708
Campbell River Toll free: 1-800-757-9406; Courtenay Toll free: 1-800-371-0799

Contact Person
Tony Walsh, Certified FRM (FMC), Family Justice Counsellor

Programs Offered

Under Section 10 of the Family Law Act
• Mediation, legal information and general support to adults who are separated or divorced and have children together
• Custody, guardianship, access, child support and small and simple property to a maximum of $25,000

Other Services
• Mandatory Parenting after separation classes (if applying under the family relations act). These courses occur frequently throughout the year.
• Information on the impact of separation and divorce on children, strategies on helping the family adjust, effective ways to communicate and solve problems, information on the child support guidelines and on strategies to resolving disputes, e.g. through mediation.

Population Served
Adults who are separated or divorced and have children

Languages Spoken
• English

Hours
• Tuesday and Wednesday, 8:30 – 4:30pm.
• Monday, Thursday and Friday, 8:30-4:30pm in Courtenay
North Island Regional Eating Disorders Program

207-1040 Shoppers Row, Campbell River, BC V9W 2C6
615 10th Street, Courtenay BC,
Phone: (250) 850-2620 / Fax: (250) 286-2464

Director/Manager
Pat Foster RN MSN

Contacts
- Margaret Loach, BA Counsellor (Campbell River Office)
  (250) 850-2620   E-mail: margaret.loach@viha.ca
- Lynn Redenbach, RPN, MA, RCC (Coordinator, Comox Valley)
  (250) 331-8504 ext 38119   E-mail: lynn.redenbach@viha.ca
- Roberta Lineken, RDN Nutritionist (Comox Valley)
  (250) 331-8504 ext 38131   E-mail: roberta.lineken@viha.ca

Operational Principles
- Client-centred
- Regional clinical support and resource coordination
- Shared case management between community agencies and professional teams

Programs Offered
- Individual therapy for adults experiencing eating disorders
- Support for parents and youth experiencing eating disorders (Campbell River only)
- Education and therapy groups including: Binge eating group, Compulsive eating group, and Anorexia/Bulimia group
- Nutrition counselling and support for youth and adults (Courtenay only)
- Community development, early intervention, and prevention initiatives

Population Served
- Youth and adults
- Families affected by disordered eating

Languages Spoken – English

Hours
- Mondays and Wednesdays, alternate Tuesdays (Campbell River office)
- Tuesdays, Wednesdays, Thursdays and alternate Fridays (Courtenay office)

Funding Sources
Comox Valley Nursing Centre, Primary Health Care/ Chronic Disease Management (Vancouver Island Health Authority); Ministry for Children and Family Development

Current Organizational Partnerships
- Rural and Remote Eating Disorder Committee
- Island Networkers
North Island Supportive Recovery Society “Second Chance”

647 Birch Street, Campbell River BC V9W 2T2
Mailing Address: P.O. Box 996 Station A, Campbell River BC V9W 6Y4
Phone: (250) 830-1103 / Fax: (250) 830-1175

Director
Tessera Brooks

Mission Statement
The North Island Supportive Recovery Society, comprised of the Board of Directors and Society members, exists to meet the need for accessible rehabilitative services for individuals with addictions. The Society provides a supportive structure and recovery programs for clients, assisting their families, and building community ties that result in healthier individuals, families and community.

Programs Offered
- (4) Crisis Stabilization Beds / referral by Crisis Nurses at C R hospital
- (6) Supportive Recovery beds / referral by Mental Health & Addictions
- Individual & group peer counselling
- Life skills training / outings
- Client Resource program / Aftercare Planning
- Two instructive programs daily for clients
- Monday morning co-dependency group attended at mental health and addictions services

Population Served
Men, ages 18 and up

Languages Spoken
- English

Hours
24 hours a day, 7 days a week

Funding Sources
- Ministry of Health
- Vancouver Island Health Authority
- United Way
- Gaming (Bingo)
- Fundraising

Current Organizational Partnerships
- CADAC
- A&D Networking
- M.D.O. Meeting
- Interagency Services
- Crisis Services Steering Committee
North Island Survivors’ Healing Society

Counselling Centre for Adults Affected by Abuse
625D 11th Avenue, Campbell River BC V9W 4G5
Phone: (250) 287-3325 / Fax: (250) 287-3397    Website: www.nishs.ca   E-mail: contact@nishs.ca

Executive Director
Janet Carmichael

Mission Statement
The North Island Survivors’ Healing Society is committed to providing professional counselling programs and services that address the psychological needs of men and women who are affected by trauma and/or abuse. In conjunction with other service providers, counselling is offered to residents of Campbell River and area, with some programs encompassing Ladysmith to Port Hardy.

Programs Offered
- Encompasses Physical, Emotional, Sexual, Financial Abuse, and Neglect
- Automobile and Workplace Accidents
- Intimidation, Harassment, Bullying
- Witnessing Violence or Injury
- Medical Trauma
- Stalking, Physical and Sexual Assaults
- Refugee and War Zone Trauma
- Fire and Natural Disasters

Population Served
Adults (19+)

Languages Spoken
- English and French

Hours
- Monday – Friday: 9:00am – 4:30pm, by appointment.
- Some distance & evening appointments available.

Funding Sources
- Province of British Columbia
- Memberships
- Fundraising Initiatives
- Private donations
- United Way

Current Organizational Partnerships
- Relationship and Sexual Violence Response Committee
- Interagency
- Volunteer Campbell River
Opportunities Career Services Society

#101-300 St. Ann’s Road
Phone: (250) 286-3436 / Fax: (250) 286-0400

Executive Director
Rene Quintin

Goals
• To increase our clients potential for success and achievement of their career/work goals through individual employment coaching and group workshops
• To assist and support employers in talent recruitment and retention
• To provide short term, temporary employee assistance

Programs Offered
• Service delivery of targeted initiatives for older workers for the Ministry of Advanced Education and Labour Market Development
• Individual employment and career coaching for assistance with job search, career decision-making and employment maintenance
• Workshops for the public and business on H.R. issues, employment maintenance, team work etc.
• Service delivery in Campbell River of the Community Assistance Program for the Ministry of Social Development (CAP Program)
• Lead role in partnership initiative for the region through the Coastal Employment Network to provide administration of provincial government programs.
• Service delivery of targeted initiatives for older workers
• JobOptionsBC- targeted at people who are not eligible for EI, and who are not in school that need help with resume building and job preparedness. It is a 10 week program.
• Individual services:
  ▫ Career Coaching – to help clarify your career direction, decide on a educational path, or navigate career transition
  ▫ Resumes – for those who find writing a resume challenging

Population Served
• Individuals employed in the community that are looking at seeking other employment, education, and or career change
• Businesses who would like to expand on skills to manage issues related to hiring and facilitating employee satisfaction and growth in the work place
• Unemployed mature workers 55-65 of age.

Languages Spoken
• English

Hours
• Monday – Thursday: 8:30am – 4:30pm
• Friday 3:30 - 4:00pm
Funding Sources
Fee for Service, provincial government, Federal Government,

Current Organizational Partnerships
Opportunities Career Services is the lead proponent in the Coastal Employment Network, which currently holds the provincially funded contract for Community Assistance Program services in Campbell River, Courtenay, Port Hardy, Powell River, and Port Alberni
Options for Sexual Health

Upper Island Health Unit (Tyee Plaza, second floor)
#200 - 1100 Island Highway, Campbell River, BC V9W 8C6

Provincial Office Phone: (604) 731-4252 Fax: (604) 731-4698
Sex Sense Line: 1-800-739-7367 (Monday to Friday, 9:00am – 9:00pm)
Drop in Clinic: (250) 830-7603

Website: www.optionsforsexualhealth.org
www.wontgetweird.com

Operating Principles
A non-profit society that supports healthy sexuality, its diversity of expression and a positive sexual self-image for individuals throughout life.

Clinic Services Provided
- Staffed by nurses, doctors and trained volunteers
- Non-judgmental birth control counselling and supplies
- Sexually transmitted infection (STI) and PAP testing
- Pregnancy testing and options counselling
- General sexual health information and referrals

Sex Sense Line
- A toll-free, confidential, non-judgmental telephone service providing information and referral on contraception, sexually transmitted infections (STIs), pregnancy and pregnancy options (including parenting, adoption and abortion information), sexual assault, sexual orientation, and anything to do with sexuality.
- Hours are 9:00am to 9:00pm, Monday to Friday.

Population Served
Women and Men of all ages

Languages Spoken
- English

Hours
Tuesdays, 7:00pm – 9:00pm (Drop-in Clinic – no appointment necessary)
Public Health Nursing, Vancouver Island Health Authority (VIHA)

#200 - 1100 Island Hwy, Campbell River, BC V9W 8C6
Phone: (250) 850-2110 / Fax: (250) 850-2454
Website: www.viha.ca

Coordinator
Linda Carlson, Public Health Nursing coordinator

Programs Offered
- Prenatal classes, pre- and post-natal support for families, breastfeeding support, postpartum depression screening and support, infant early hearing screening, growth and development screening.
- Triple P parenting classes, infant, school age, and adult immunizations. Kindergarten vision and hearing screening, communicable disease follow up, youth clinic services: Including birth control, pregnancy testing, sexually transmitted infections (STI) testing and treatment.

Population Served
Campbell River and area – South to Oyster River; North to Sayward; West to Strathcona Park; Quadra, Cortes and Read Islands.

Languages Spoken
- English
- Translators are available upon request (through MISA)

Hours
Monday – Friday: 8:30am – 4:30pm

Funding Sources
Ministry of Health

Committees and Working Groups
- Early Childhood Development
- Success by Six Council of Partners
- Perinatal Advisory
- Triple P
- Youth Clinic Advisory
- Social Planning
- Aboriginal Working Group
- CAADAC
- Carl’s Daycare Advisory
- Active Campbell River
- Sunrise Resources
Robron Centre houses School District 72 programs, training centres and community programs.

**School District 72 Programs Offered**

**eBlend: A home-schooling program**

The eBlend program offers learning opportunities and support for parents and students that will help them develop an effective home-schooling program from grades k-9. The eBlend program offers a variety of services, including in-school support, weekly interactive days, online courses, and personal contact with teachers. For more information, contact Roy Brooks, district principal of Robron Centre at (250) 923-4918.

**Alternate Programs:**

- **Elm Alternate School** offers young people aged 15-19 an opportunity to obtain a Grade 10 or Grade 12 equivalency certificate, or a high school diploma. Elm Alternate School offers flexible programming; students may start at any time during the school year and leave when they have completed the program. For more information on Elm Alternate School, call (250) 923-4936.

- **Jr. Alternate School** is a full time program for students in grades 8-9. Students are expected to attend regularly and can enter at the beginning of the four semesters (September, November, February, April).

- **Sr. Alternate School** is a full time program for students in grades 10-12 who are working towards their dogwood or SCC. Students are expected to attend regularly and can enter at the beginning of the four semesters.

**Laichwiltach Learning Program**

This is a full time program offered to First Nations Students in grade 10-12 who would like to work towards their dogwood. This program has a First Nations cultural component and combines academics, life skills, and community services. Students can enter the program approximately 4 times per year.

**Continuing Education**

The Continuing Education program is open to adults (16+) who wish to upgrade skills, improve basic literacy, complete a high school diploma, or meet prerequisites for post-secondary programs. Also offers courses to learners at a distance. For more information on Continuing Education, contact the Continuing Education office at (250) 923-4918.

**Literacy Centre**

This is a flexible study for adults and students not currently in school (16+) who wish to improve basic literacy skills. This is an extension of the Continuing education Program, and it can be used to improve skills prior to taking a high school course.

**Languages Spoken** - English
Salvation Army Community and Family Services

c/o Ocean Crest Community Church
291 McLean Street, Campbell River, BC V9W 2M4
Phone: (250) 287-3720 / Fax: (250) 287-3729

Light house Case Worker
Christine Mitchell -287-1440
chris.lighthouse@gmail.com

Family Services Appointments
Betty Tiede- 287-3720

Community Ministries Director
Doug McGillis- 287-3720 doug.mcgillis@gmail.com

Programs Offered
- Emergency assistance with food, shelter, clothing, and household items
- Transportation to A & D treatment facilities if not covered by another agency

Population Served
- Those in need of emergency assistance, a safe and friendly place to be at mid-day for a hot meal.

Languages Spoken
- English

Hours
Family Services: at 291 McLean, Monday, Wednesday and Friday, 9:30 am – 12:00 pm by appointment only.

Funding Sources
- Christmas Kettle Program
- Proceeds from thrift stores.
- Individual donations throughout the year.
- Golf tournament

Committees and Working Groups
Interagency meeting
Salvation Army – Evergreen House

690 Evergreen Road, Campbell River, BC V9W 3R8
Phone: (250) 287-3791 / Fax: (250) 287-2885
E-mail: sashelter@crnfp.net

Director
Wendy Tyrer

Operational Principles
The Salvation Army exists to share the love of Jesus Christ, meet human needs and be a transforming influence in the communities of our world.

Programs Offered
- Emergency shelter: Food, clothing, and safety for a maximum based on individual circumstances. 24 hours.
- Evergreen Apartments: 2nd stage housing for men and women completing treatment.
- Crisis Stabilization Beds for women (Referral made only through CR Hospital crisis nurse): Women who are experiencing crisis and/or withdrawal from alcohol and/or other drugs.
- Sandwich program – sandwich van every day from 6:45pm – 8:00pm.

Population Served
Women, Men and Families

Languages Spoken
- English

Hours
24 hours

Funding Sources
- BC Housing
- Vancouver Island Health Authority
- Community Donations
- Mental Health and Addictions
- RCMP

Current Organizational Partnerships
- Campbell River Hospital
- Campbell River Community Corrections
- Ministry of Social Housing and Development
- CADAC
- CR Education and Practice Working Group
- Upper Island Addiction Services Area Meeting
- ASAP Agencies for Suicide Awareness and Prevention
- Campbell River Relationship and Sexual Violence Relapse Committee
- Literacy Now
- Crime-Free Multi Housing
- Active Campbell River
Salvation Army Lighthouse Centre

1381 Cedar St, Campbell River BC
Phone: (250) 287-4630 / Fax: (250) 287-2885
Email: chris.lighthouse@gmail.com

Contact Person
Christine Mitchell

Coordinator/Director
Doug McGillis

Operational Principles/Mission Statement
The Salvation Army exists to share the love of Jesus Christ, meet human needs and be a transforming influence in the communities of our world. In partnership with a caring community, the Lighthouse Centre seeks to connect with people by offering a nutritious meal, pastoral counselling and life changing programs.

Programs Offered
- Emergency assistance with clothing
- Hot lunch
- A&D treatment referrals
- Showers (15min each – towel and soap provided)
- Treatment transportation when not covered by other agencies
- Medical program with nurses from various agencies
- James Club for those seeking Christ-centred recovery support
- Evening 12-step program meetings
- Hair cuts
- Help in filling out government documents and forms
- Volunteer Income Tax Program

Population Served
- Those in need of emergency assistance, a safe and friendly place to be at mid-day for a hot meal.
- No requirement for admittance. All welcome.

Languages Spoken
- English

Hours of Operation
- Hot Lunch Program, Medical Program, Haircuts and Showers: Monday – Friday, 11:30am – 1:30pm
- A&D treatment referrals and help with government documents and forms: Monday – Friday 11:30 am – 3:30 pm.
- James Club: Fridays 2:00pm – 3:30 pm.
- 12 Step Meetings: Monday, Thursday and Saturday 7:00 pm – 8:30 pm.
- Income Tax Program 11:30am – 1:30pm February – April.
Funding Sources

- Thrift Store Revenues
- Community donations
- Literacy Now
- Christmas Kettle Campaign
- Red Shield Appeal

Current Organizational Partnerships

- Literacy Now
- Rotary Club
- Vancouver Island Health Authority
- Public Health
- Narcotics Anonymous
- Altrusa Club

Committees and Working Groups

- Campbell River Relationship & Sexual Violence Response Committee
- CR Outreach Steering Committee
- Ocean Crest Community Ministries Management Team
Salvation Army Family Thrift Store & New Beginnings Boutique

Salvation Army Thrift Store
100-1100 Homewood Road, Campbell River, BC V9W 3N7
Phone: (250) 286-3010

New Beginnings Boutique
201-2266 South Island Hwy.
Willow Point
923-1621

Director
Doug McGillis

Supervisors
Angela Benoit and Doug McGillis

Operating Principles
• To provide a source of low cost goods and clothing to the community.
• To provide employment and volunteer opportunities.
• To enhance and further ministry goals through the provision of program funding.

Programs Offered
Supply essential furniture, clothing, bedding, linens and kitchen supplies to those in need.

Languages Spoken
• English

Hours
• Salvation Army Thrift Store: Monday – Saturday: 9:00am – 5:00pm. Donation hours: 9:30am – 4:30pm...except Wednesdays.
• New Beginnings boutique: Monday to Saturday: (10:00 am to 5:00 pm.) No donations accepted at this location. Please bring to the main store on Homewood Road.

Funding Sources
Donations of sale worthy items of all kinds. When vouchers are given to those in need, through Family Services, we desire clients to have items that we might want in our own homes. No smelly, stained or worn out items please.
Sasamans Society

680 Headstart Crescent, Campbell River, BC V9H 1P9
Phone: (250) 286-3010  Toll free: 888-597-281  Fax: 250-914-2215

Executive Director
Pauline Janyst

Vision Statement
Strengthening “Our Children” and families, in a community-driven and culturally appropriate manner.

Programs Offered

Aboriginal Youth Navigator
Provides support and guidance to Aboriginal youth involved with the Ministry, youth transition planning, youth on probation, aging out and/or in government care. Contact: Kristy Bell (kristyb@sasamans.ca).

Aboriginal Outreach Family Navigator
Enhances service provision, provides advocacy, reduces the number of children in care, and improves accountability through a family-centered approach that focuses on meeting the needs of both clients and families. Navigators, who are available in Courtenay, Campbell River, and Port Hardy, provide support including information and guidance to Aboriginal families involved with MCFD as well as those who are seeking preventative support. The Navigators assist families to understand their rights, to access family support services, and to have a strong voice within the court process when needed. They will also assist service providers to build their understanding of the unique cultural practices and values and needs of families. Contact: Lori Speck, Campbell River (loris@sasamans.ca); Liz Cadwallader, Courtenay (lizc@sasamans.ca).

Child and Family Practitioner
The Child and Family Practitioner is working in Port Hardy with the Gwa'sala-'Nakwaxda'xw Nations Child and Family Services program. The counsellor will provide direct trauma focused services delivered from an Indigenous lens. Support will be culturally sensitive and outreach based. This service aims to establish an environment which will be conducive to encouraging families to voluntarily request support and assistance in addressing challenges and reducing or preventing the involvement of MCFD. Contact: Constance Eagle (ceagle@sasamans.ca).

Cultural Connections Worker
The Cultural Connections program was previously called the ROOTS program. The focus of this program is to assist MCFD social worker’s to develop and implement appropriate re-unification plans and identify children for whom a return to family or community may be appropriate. Elder involvement will be essential to assist in the development of culturally appropriate plans. This position is based out of Campbell River and services our catchment area which includes Gold River/Tahsis, Sayward, Quadra and Cortez Island. Contact: Rachel Cain (rachc@sasamans.ca).
Aboriginal Harmony Circle of Elders

Two Elders Committees have been established and will be utilized to weave their wisdom, influence and participation into the service delivery of Sasamans Society’s programs. Elders are being aligned with specific programs and are being provided with ongoing training. One committee will work the Aboriginal Restorative Youth Justice program. The other committee will provide direction and guidance to MCFD regarding keeping children out of care and developing plans for returning those in care to their family or community. Contact: Lisa McCoy (lisam@sasamans.ca).

Population Served
- All families of Native Ancestry (men, women, youth, and Elders)
- Metis, Status and Non-status Peoples and their families

Languages Spoken
- English

Hours
Monday to Friday, 8:30 am- 4:30 pm. Closed weekends and stat holidays.

Funding Sources
- Province of BC
- Other
School District 72 Programs

School District 72 (Campbell River)
425 Pinecrest Road,
Campbell River, BC V9W 3P2
Phone: (250) 830-2300 / Fax: (250) 287-2616
Website: www.sd72.bc.ca

Programs Offered

Aboriginal Education
School District 72 offers opportunities for Aboriginal students to enhance their Aboriginal identity through language and culture programs. Aboriginal Kindergarten is also available. For more information, contact Greg Johnson, district principal of Aboriginal education at (250) 830-2330.

French Immersion
French Immersion is the delivery of the regular BC school curriculum in the French language. It enables students to become functionally bilingual. School District 72 offers both early and late French Immersion programs. For more information, contact Nevenka Fair, Director of Institutional Programs at (250) 830-2339.

eBlend: A home-schooling program
The eBlend program offers learning opportunities and support for parents and students to help them develop an effective home-schooling program. The eBlend program offers services including in-school support, weekly interactive days, online courses, and personal contact with teachers. For more information contact Sean Toal, district principal of Robron Centre at (250) 923-4918.

Career Programs
School District 72’s career programs offer students an opportunity to transfer their school skills into the workplace. Available opportunities include: work experience, career preparation, cooperative education, and secondary school apprenticeships. For more information on career programs, speak with your school counsellor or Diana Camerin, District career facilitator at (250) 923-9500.

Student Services
Support services for students with special education needs. Special education programs are offered in regular schools, and, wherever practical, in regular classrooms. For more information on Student Services, contact Shelia Johnsrude, Director of Student Support at, (250) 286-4400 local 2253

Summer Programs
School District 72 offers a variety of classes to help students upgrade their marks and further develop their academic and cultural interests. For more information on Summer School, contact the school board office at (250) 830-2300.

Alternate Programs
Elm Alternate School offers young people aged 15-19 an opportunity to obtain a Grade 10 or Grade 12 equivalency certificate, or a high school diploma. Elm Alternate School offers flexible programming; students may start at any time during the school year and leave when they have completed the program. For more information, call the school at (250) 923-4936.
AVID: Advancement via Individual Determination
AVID offers students who are academically “in the middle” an opportunity to develop skills that will help them succeed academically. The AVID class occurs during the regular school time table and is supported by college or senior student tutors. For more information on AVID, contact Nevenka Fair, Director of Institutional Programs, at (250) 830-2339.

Continuing Education
The Continuing Education program is open to adults who wish to upgrade skills, improve basic literacy, complete a high school diploma, or meet prerequisites for post-secondary programs. For more information on Continuing Education, contact the office at (250) 923-4918.

International Program
For more information on School District 72’s international program, contact the International Education office at Robron Centre at (250) 923-4918.

StrongStart Center
To support parents in this important role by providing a free, drop-in, early learning program for young children from birth to Kindergarten and their parents or caregivers. Under the direction of licensed early childhood educators, parents and children participate in early learning activities, such as story time, music, singing, art, and puzzles. For more information contact Jim Ansell (Assistant Superintendent) at (250) 830-2324.

Georgia Park Elementary StrongStart:
- Located at: 678 Hudson St
- Phone: (250) 923-0735
- Tuesday, Thursday, Friday @ 8:30am – 11:15am
- Wednesday & Friday @ 12:00pm – 2:45pm

Cedar Elementary StrongStart:
- Located at: 261 Cedar St
- Phone: (250) 287-8335
- Monday @ 8:45am – 11:30, 12:15pm – 3:00pm
- Tuesdays and Thursdays @ 12:15pm – 3:00pm
- Wednesdays @ 8:45am – 11:30am

Sandowne Elementary & Gathering Place StrongStart
- Located at: 699 Sandowne drive
- Phone: (250) 923-4248

Sayward Elementary StrongStart:
- Located at: 690 Kelsey Way
- Phone: (250) 282-3314
- Mondays – Thursdays @ 8:30am – 12:00pm

Languages Spoken
- English
Special Olympics British Columbia

210-3701 Hasting St. Burnaby, BC V5C 2H6
Phone: (250) 208-5402 / Toll Free 1.888.854.2276
Website: www.specialolympics.bc.ca Email: bdebrane@specialolympics.bc.ca

Contact Person

- Bobby Debrane- Manager, Community Development – Vancouver Island

Mission Statement

- To provide individuals with intellectual disabilities opportunities to enrich their lives and celebrate personal achievement through positive sport experiences

Programs offered

- FUNdamentals- Tuesdays 5 to 6pm October 23rd to February 5th at Pinecrest Elementary.

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Strathcona Counselling

1260 Shoppers Row, Suite 220, Campbell River, BC V9W 2C8
Phone: (250) 286-0820 / Fax: (250) 338-0316
E-mail: office@strathconacounselling.ca

Contact Persons
- Lisa Hiobert, Office Manager
- Dawne Grimes, Administrative Assistant

Operating Principles
Strathcona Counselling is a dedicated and skilled group of multi-disciplinary professionals offering an extensive range of assessment and treatment services for children, adolescents, adults and families.

Programs Offered
Strathcona Counselling can help with:
- Alcoholism/addictions, anger management, anxiety and panic attacks, art and play therapy, attention and learning difficulties, child abuse/neglect, collaborative divorce coaching, couple and marriage work, depression, eating disorders, family issues, grief and loss, life transitions, pain management, parenting issues, personal growth, physical and emotional abuse, self esteem, separation and divorce, sexual assault and abuse, spousal assault (men, women), stress management, victims of crimes, work and accidental injuries.

Assessments
- Paediatric, adolescent and adult, medical-legal, and psychological-vocational.

Treatment Groups
- Men’s Treatment group
- Women’s treatment group
- Co-dependency
- Child and adult abuse survivors
- Parenting and blended family
- Women’s self-discovery

Languages Spoken
- English

Hours
- Office: Monday – Friday: 9:00am – 4:00pm
- Appointment Hours: Monday – Friday: 9:00am – 4:30pm (evenings available upon request), Saturday: 10:00am – 3:00pm (varies per individual practitioner)

Counsellors (Including, but not limited to.)
- Rod Chant, MSW, RSW, RCC
Stroke Recovery Association of BC – Campbell River Branch

Phone: (250) 830-3144
Email: crstrokerecovery@yahoo.ca
Website: www.strokerecoverybc.ca

Contact Person and Coordination
Sharon Herbin (250) 830–3144

President
Keith Davidson (250) 286–1847

Operational Principles
Serving stroke survivors and their families in communities across BC

Programs Offered
- We run a therapy-based branch providing social interaction, music, art, physical therapy, occupational therapy, speech therapy (utilizing the Bungalow Software System), and informative guest speakers.
- We also provide information about strokes and are willing to do hospital visits to stroke survivors and their families.
- Use the F.A.S.T. method below to help recognize and respond to stroke:
  - F = FACE Ask the person to smile. Does one side of the face droop?
  - A = ARM Ask the person to raise both arms. Does one arm drift downward?
  - S = SPEECH Ask the person to repeat a simple phrase. Does the speech sound slurred or strange?
  - T = TIME If you observe any of these signs, it’s time to call 9-1-1.

Population Served
Anyone who has survived a stroke as well as caregivers of stroke survivors

Languages Spoken
- English

Hours of Operation
9:30 a.m. – 12:30 p.m. on Tuesdays at St. Peter’s Anglican Church, 228 South Dogwood St. (corner of Pinecrest and Dogwood).

Funding Sources
Supported by private donations and service groups
Strong Start

Cedar Elementary, Sandowne Elementary, Georgia Park Elementary and Sayward Elementary
Phone: 250-830-2324 for general information; Fax: 250-287-2616
Email: jim.ansell@sd72.bc.ca
Website: www.sd72.bc.ca

Contact Person(s)
Jim Ansell – Assistant Superintendent, SD 72 Campbell River

Operational Principles/Mission Statement
Strong Start is a program sponsored by the BC Ministry of Education to provide free drop in pre-school programming for children and parents. At each center a trained facilitator works with children and families to develop early social and developmentally appropriate skills which help in the transition to Kindergarten. Strong Start is designed to support families in working with developing children in a fun and safe environment. Strong Friendships between participants are very common.

Population Served
Family members and preschool children 0-5

Languages Spoken
English

Hours of Operation
Posted at each school site

Funding Sources
BC Ministry of Education and School District #72
Substance Abuse Prevention Program, SD72, Student Services

740 Robron Rd., Campbell River BC V9W 6J7
Phone: (250) 286-4400, ext. 2262 / Fax: (250) 286-6060
E-mail: sheri.rhodes@sd72.bc.ca

Director of Instruction
Sheila Johnsrude, Student Services

Contact Person
Sheri Rhodes, Drug and Alcohol Prevention Worker

Programs Offered
The Substance Abuse Prevention Program provides support and resources to teachers, students and parents on the use and misuse of alcohol, tobacco and drugs. Through classroom presentation, group work, and individual assessments, the program addresses the health, social and psychological damage created by these substances. An emphasis is placed on decision-making and healthy choices. Students are seen on a short-term basis for individual interventions.

Population Served
Elementary to High School students, all schools.

Languages Spoken
- English

Hours
Monday to Friday, September to June – Calendar School Year

Funding Sources
- Vancouver Island Health Authority
- School District #72

Current Organizational Partnerships
The John Howard Society of North Island – Substance Abuse Counsellor

Committees and Working Groups
CADAC

Please note that this entry was last updated February 2011
Sunrise Resources for Early Childhood Development

110-1180 Ironwood St, Campbell River BC, V9W 5P7
Phone: (250) 286-0955 / Fax: (250) 287-2676
Web site: www.sunriseresources.ca

Sunrise Resources is operated by the Campbell River and District Association for Community Living. The Executive Director is Greg Hill. The CRDACL office is at 1153 Greenwood St., Campbell River, B.C., V9W 3C5, Ph: (250) 286-0391/Fax: (250) 286-3732.

Mission Statement
Sunrise Resources for Early Childhood Development is committed to working in partnership with families and recognizes the family and supporting environment as the most valuable resource in an individual’s life.

Programs Offered

Infant Development Program
- Serving children aged 0-3 years with developmental delay or at risk for delay (including prenatal exposure to alcohol and drugs)
- Home visits, education and support
- Developmental assessments
- Playgroup for children and parents
- Parent workshops or support groups

Speech and Language Services
- Assessment
- Consultation
- Therapy
- In-services/Workshops
- Liaison with other professionals involved with the child and family
- Works with children and families in the clinic, home and community-based environments
- Serving children with communication difficulties including receptive language, expressive language, social communication, speech sounds, voice, fluency, feeding difficulties and hearing difficulties.

Physical Therapy Services
- Assessment
- Consultation
- Therapy
- In-services/Workshops
- Liaison with other professionals involved with the child and family
- Works with children and families in the clinic, home and community-based environments
- Provides physical therapy intervention to children between birth and school entry with motor difficulties or at risk for motor difficulties.
- Presenting conditions might include: motor delays, cerebral palsy, genetic conditions, prematurity, orthopaedic conditions, respiratory conditions, and muscle diseases.
• Children are seen in the home, clinic, community setting, or child care setting.

**Occupational Therapy Services**

• Assessment  
• Consultation  
• Therapy  
• In-service/Workshops  
• Liaison with other professionals involved with the child and family  
• Works with children and families in the clinic, home and community-based environments  
• Provides intervention, recommendations and adaptive activities to assist children to develop the skills necessary to participate as independently as possible in everyday activities  
• Serving children with fine motor difficulties, sensory integration problems, visual perception problems, body awareness and self-care skills

**Family Resource Program**

• Complements other Sunrise services by supporting families who have children with developmental difficulties, from birth to school entry who are on the Sunrise caseload  
• Advocating for community services  
• Facilitation of support groups  
• Working with preschool siblings of children receiving Sunrise services  
• Assisting families in dealing with other services

**Population Served**

• An open referral process including referrals from parents, caregivers, physicians, nurses, preschool or child care staff, support staff  
• Serving children and families from Campbell River to Oyster River, Gold River, Tahsis, Sayward, Quadra and Cortes Islands  
• Professional services are provided to children from birth to school entrance

**Languages Spoken**

• English

**Hours**

Monday - Friday: 8:30am – 4:00pm

**Funding Sources**

• MCFD  
• Community Fundraising

**Current Organizational Partnerships**

Administered by the Campbell River and District Association for Community Living
Committees and Working Groups

- Success by 6 Expert Working Group
- Early Care and Learning Coalition
- Early Childhood Development Table
- Literacy Now
- Community Circle
- Supported Child Development Funding Allocation
Supported Child Development Program

110-1180 Ironwood St, Campbell River BC, V9W 5P7
Phone: (250) 286-0955 / Fax: (250) 287-2676
Email :childdevelopment@cradacl.bc.ca

Supported Child Development is operated by the Campbell River and District Association for Community Living (CRADCL). The CRADCL administration office is at: #101 301 Dogwood Street., Campbell River, B.C., V9W 2Y1, Ph: (250) 286-0391/Fax: (250) 286-3732.

Executive Director
Greg Hill

Contact:
Debbie Griffiths, Program Manager

Program Offered
Supported Child Development Program assists families of children with extra support needs to access inclusive preschool/child care centres. Parents may self-refer, or with parent consent, referrals may come from other service providers or community professionals. The service is voluntary and free of charge. SCDP provides the following services to support children, families, and child care providers:

- Individual planning to promote each child’s development
- Training and information for families and child care providers to help each child’s development
- Resources such as books, toys and specialized equipment
- Referrals to other services such as therapists or specialists
- Where necessary, additional staffing to ensure that children may participate fully with their peers.

Population Served

- Serving children birth to 12 yrs. of age who have a developmental delay or disability and will require support in a child care setting.
- Serving children and families from Campbell River to Oyster River, Gold River, Tahsis, Sayward, Quadra and Cortes Islands

Languages Spoken
English

Hours
Monday - Friday: 8:30am – 4:00pm

Funding Sources

- MCFD
- Community Fundraising
**Tourette Syndrome Foundation of Canada**

**Victoria chapter**
Phone: 1-250-658-0506 (Victoria); Toll free: 1-800-361-3120  
Email: victoriats@pacificcoast.net  
Website: www.tourette.ca

**Contact Person**  
Joy McBride

**Operational Principles/Mission Statement**
- The volunteers of TSSC and the Victoria chapter are dedicated to help individuals with Tourette Syndrome and their families by: providing information of TS and its associated disorders; raising awareness and understanding of TS in the Community; and providing support to those affected by TS.  
- Please phone for any questions or concerns

**Population Served**  
Anyone with questions regarding TS

**Languages Spoken**
- English  
- National office speaks French and English

**Hours of Operation**  
Leave a phone message I will get back to you

**Funding Sources**  
Fundraisers and membership fees
Upper Island Assessment and Resource Service Society

625C 11th Avenue, Campbell River BC V9W 4G5
Phone: (250) 287-2266 / Fax: (250) 287-3380
1-866-789-2266 (toll free)
E-mail: info@upperislandars.com

Director
Garth Greatheart, MSW, RSW

Counsellors (professionally registered)
- Kelsi Baine, MSC, CCC
- Heron Free, M Ed. RCC

Contact Person
Joan Bond, Administrative assistant, re: general inquiries and eligibility for service

Mission Statement
- We provide resources to promote and enhance wellness of member organizations, their employees, retirees, eligible family members and communities.
- We believe that excellent service is characterized by effectiveness, efficiency and economy while ensuring respect, confidentiality, accessibility and freedom of choice.

Programs Offered
- Assessment, counselling, referral, and follow-up as appropriate for employees, retirees and dependent family members of affiliated companies or organizations
- Groups and workshops open to the public, based on caseload issues
- Critical incident stress debriefing for member companies
- Consultation for managers and EAP reps of member companies

Population Served
- Employees and their dependents, retirees of member companies and organizations.
- Offices in Campbell River, Comox Valley and Port McNeill

Languages Spoken
- English

Hours
Monday – Friday: 8:30am – 4:30pm. After hours by appointment.

Funding Sources
Fees paid by member companies and organizations on an annual basis per employee.
Vancouver Island Crisis Society- Crisis Chat

16-1708 Bowen Road, Nanaimo BC, V9S 1G9
Phone: (250) 753-2495 / Fax: (250) 753-2475
Toll Free: 1-888-753-2495
Email: info@vicrisis.ca
Website: www.vicrisis.ca

Programs Description
Vancouver Island Crisis Chat provides online emotional support, crisis intervention, and suicide prevention services. To access services, visit www.vicrisis.ca and click on the Chat Now icon.

Population Served
• People of all ages.

Languages Spoken
• English

Hours
• 7 nights a week, 6:00 pm to 10:00 pm Pacific Time
Mission Statement

VIVRS is committed to providing services that promote the right of every individual to economic and social integration and inclusion in their own community, encouraging contribution in a manner that promotes individual choice.

Programs and Services

EmployAbility

- The EmployAbility program assists people with developmental disabilities, learning disorders, acquired brain injury, autism spectrum disorder, cognitive and mental health disabilities to get hired in meaningful work that is tailored to their needs.
- All services are offered on an individual basis, and the goal of the program is to connect individuals with real work for real pay. Customized jobs are carved to reflect the needs, interests and abilities of each worker.

Population Served

- People between the ages of 18 – 65 with developmental disabilities, learning disorders, acquired brain injury, autism spectrum disorder, and those with cognitive and mental health disabilities who are seeking employment.
- VIVRS is offering the EmployAbility program in central and northern Vancouver Island, including Duncan, Nanaimo, Parksville, Courtenay and Campbell River (and surrounding areas).

Languages Spoken

- English

Funding Sources

- Ministry of Housing and Social Development
- Service Canada
Victim Services – RCMP Based

275 South Dogwood, Campbell River, BC V9W 8C8
Phone: (250) 286-5606 / Fax: (250) 286-5624
Crisis Line: 1-888-494-3888
Website: http://bc.rcmp-grc.gc.ca/ViewPage.action?siteNodeId=884&languageId=1&contentId=3987

Program Manager
Shelly Olney: (250) 286-5619

Assistant Program Manager
Sarah Callander: (250) 286-5619

Operating Principles
The purpose is to attempt to make the victim’s contact with the Criminal Justice System a POSITIVE one, thereby encouraging future involvement by the victim and community. The program is operated from the Campbell River RCMP Detachment and is supervised by the RCMP.

Services Offered

Information
This is the most powerful tool that is offered to the victims in order to help them deal with the trauma and work their way through the Justice System. They are kept up to date on the progress of the file through the Justice System, including police file status, when charges are laid, when court dates are set, court outcome, and sentence information. The victim is encouraged to participate along the way in order to feel part of the system. Assistance is offered with court orientation, victim impact statements, Crime Victim Assistance program, restitution and court accompaniment if required. Home Security information and checks are offered free of charge to anyone who requests this service.

Referrals
The program workers will attempt to match the needs of the victims to appropriate services in the community. The workers are not counsellors and will make referrals when possible.

Short term emotional support
The workers offer support and empathy to victims of crime and trauma. They will offer educational material on the effects of trauma and the recovery from traumatic events.

Crisis Response Team
Victim services personnel are on call 24 hours a day. The workers will attend the scene, hospital, Detachment, home or wherever required to provide immediate support to the victims and families.

Population Served
- All victims of crime and trauma are entitled to seek the service of the Unit, providing the information has been reported to the police. Services to victims of crimes such as Break and
Enter, Assault, Domestic Violence, Armed Robbery, Homicide, Sudden Death, Motor Vehicle Incidents involving injuries, suicides, and any other crime where a victim has been impacted are all part of the case load for the worker. Involvement with the file may be short term or long term depending on the route taken through the Justice System.

- Our service area includes Quadra island, Cortez Island, and surrounding areas.

Languages Spoken
- English

Hours
Regular Hours are: Monday – Friday from 7:00am – 4:00pm.

Funding Sources
Government

Committees and Working Groups
Various Committees
Victim Services – Community Based

Campbell River Family Services Society
487-10th Avenue, Campbell River, BC V9W 4Y9
Phone: (250) 287-2421 ext 310 Fax: (250) 287-4268
Website: crfamilyservices.ca

Program Coordinator
Gloria Jackson (250) 287-2421 ext 310

Operating Principles
To provide specialized support to people who have experienced emotional, physical or sexual violence. To develop a safety plan with people who are in a domestic violence situation.

Services Offered
- Our workers have been specially trained in the dynamics of power based crimes.
- We offer practical assistance and information, and provide emotional support.
- We explain the process that a person may be facing – from police statement, to charge approval, to trial.
- We will keep the person updated on the status of the police investigation and court case. We will prepare the person for being a witness and accompany them to trial if requested.
- We provide assistance with completing the Crime Victim Assistance Program application, Victim Impact Statement, BC Housing applications, Family Court papers, etc.
- We will inform a person of their rights under the Victims of Crime Act.
- We will make all appropriate referrals to meet the needs of the person.
- We can provide education on the cycle of violence, healthy relationships, power and control dynamics, and assist in the development of a Safety Plan.
- We provide accompaniment to the police station, hospital, meetings, etc. as requested.
- We provide risk assessments for the courts.
- We provide educational sessions and information to the community.

Population Served
- Women, youth, children and men who have experienced or have witnessed physical, emotional or sexual violence. This includes, but is not limited to, recent or historical criminal harassment, stalking, domestic violence and family issues.
- Service is provided to people from Oyster River north to Port Hardy, including Gold River and Tahsis, as well as Quadra and Cortez.

Languages Spoken
- English

Hours
- Office hours are 8:30 am – 4:30 pm Monday to Friday.
- After hours/weekend appointments may be arranged.
Current Organizational Partnerships


Funded by:

Ministry of Solicitor General and Public Safety.
West Coast Prostate Awareness Society

President

Contact Person
Frank: (250) 286-9696

Operating Principles
- To raise awareness about prostate cancer
- To encourage annual checkups which can lead to early detection
- To provide support for those diagnosed with prostate cancer and their relatives

Programs Offered
- Support Group
- Third Tuesday of each month: 7:00pm, at #12 – 142 Larwood Road (Altrusa House)

Languages Spoken
- English

Population Served
Those diagnosed with prostate cancer and their relatives
Mission Statement

- To successfully build, promote, and provide a quality service for the patients of Vancouver Island who require transportation to their medical appointments.
- To provide safe, friendly on time service to appointments from your home.
- To provide “Door to Door” service.
- We believe that with the increasing aging population in remote areas, this service will be of vital importance to residents.

Programs Offered

- The society picks patients up at their home and takes them to and from any out of town medical appointment that exceeds 60 km (one way) from a Vancouver Island point of departure. Patients who live in Tahsis, Zeballos, or any other off main road community will be given a designated pickup and drop-off spot by the dispatcher.
- Wheels for Wellness requires advanced notice in order to book a driver and vehicle. Two weeks is normal, but short notice may be attainable in most circumstances.

Populations Served

- Vancouver Island patients heading to medical appointments anywhere that exceed 75 km (one way) from the point of departure.
- Physically handicapped patients need to provide notice well in advance to ensure an adequate vehicle.

Languages Spoken

- English

Funding Sources

- Donations from sponsors and supporters
  - 
  -
Willow Point Supportive Living Society

100-142 Larwood Road, Campbell River, BC V9W 1S2
Phone: (250) 923-4824 Fax: (250) 923-4818
E-mail: wpslsapt@telus.net

Contact Person
Terry Fulton

Mission Statement
To provide safe, comfortable, affordable accommodation to seniors. We believe that people should be able to live as independently as possible for as long as possible with dignity and respect.

Services Offered
Clean, modern apartments close to all services in Willow Point. 1 and 2 bedrooms, heat and hot water included. We have a total of 47 units available (7 are patio homes). Participation and interaction among tenants in projects and activities is encouraged.

Population Served
Seniors of reasonable sound mind, capable of living independently. Some suites for the physically handicapped.

Hours
Monday – Friday: 8:00am – 4:30pm

Languages Spoken
- English

Funding Sources
- Rental income
- Charitable donations
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